

A comic by
SARA JOTABÉ

Normal Day



Project sponsored by the City Council of Zaragoza. Service for Equality and Women in collaboration with Amanixer: Aragón Association of Women with Disabilities.

Published by:
The City Council of Zaragoza.
Social Policy Area.

@ for the comic (script, text, drawing, color, layout), its author:
Sara Jotabé.

@ for this edition: The City Council of Zaragoza. Service for Equality and Women.

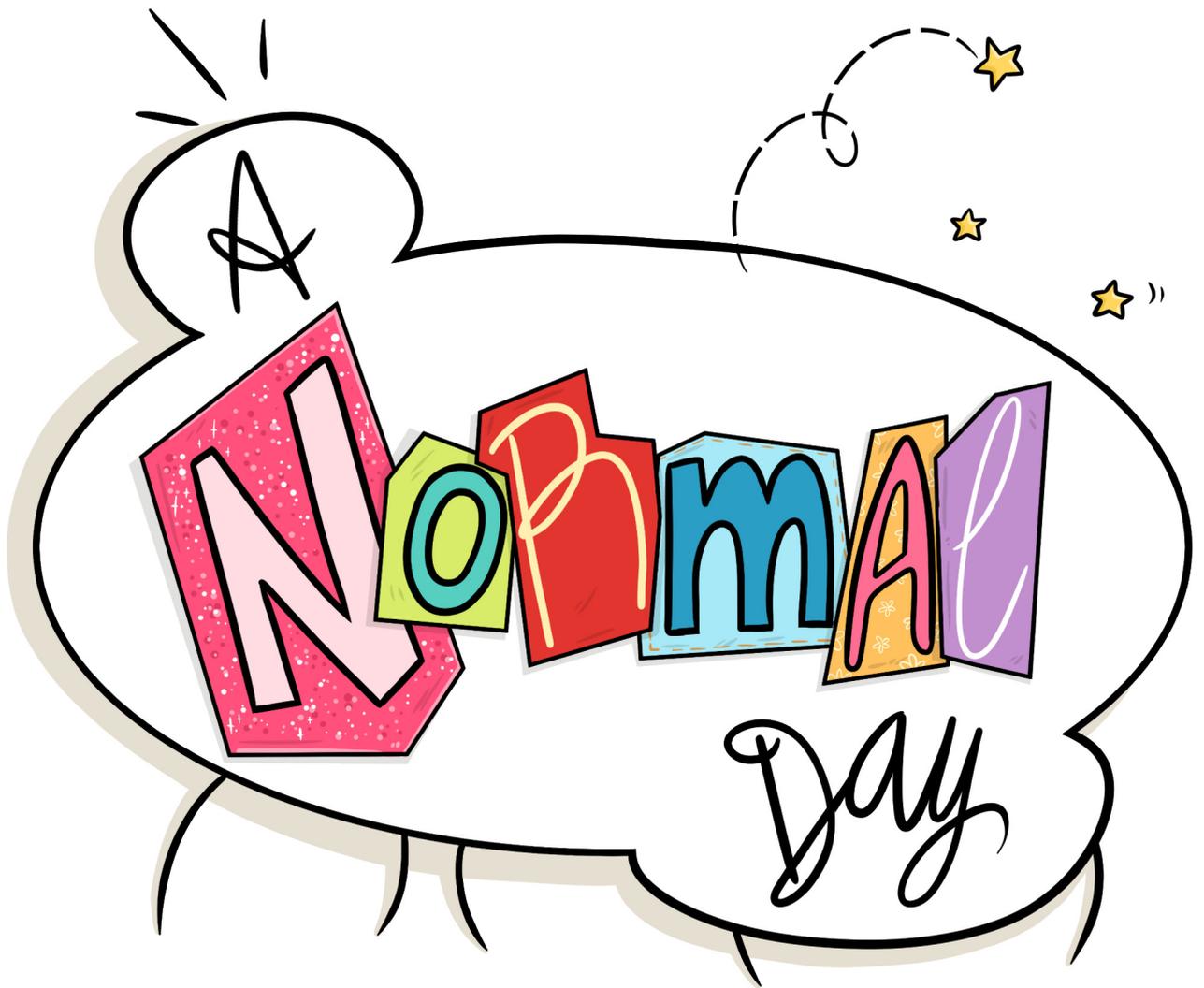
1st edition: February 2025.

Coordination: Service for Equality and Women - Ana Gaspar Cabrero
Collaboration: Amanixer: Aragón Association of Women with Disabilities.

Translated by: Jessica Combs and Natalia Gascón
(Gascón Interpreting SL)

ISBN: 978-84-8069-628-9
Legal deposit: Z 1103-2024

Free copy. Not for sale.



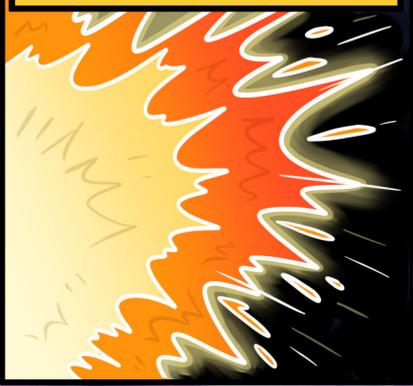
A comic by
SARA JOTABÉ
with

omanixer
Mujeres con discapacidad de Aragón

 **Zaragoza**
AYUNTAMIENTO

You were added to the
group chat "Super Cool Girls"

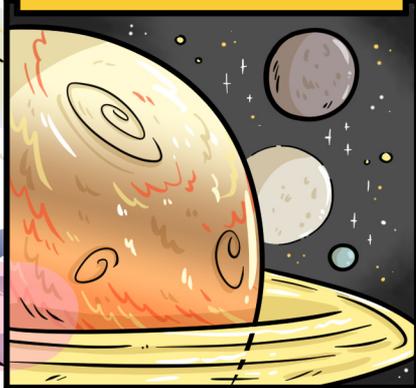
THE BIG BANG



THE START OF EVERYTHING WE KNOW



OUR UNIVERSE



OUR HOME



BEINGS EMERGING
FROM THE SEA

TO OCCUPY
THE LAND

AND THE SKY

TO SLOWLY
BUT SURELY

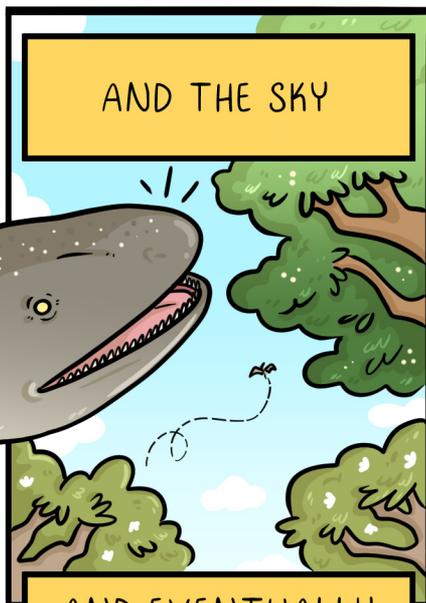
EVOLVE AND CREATE

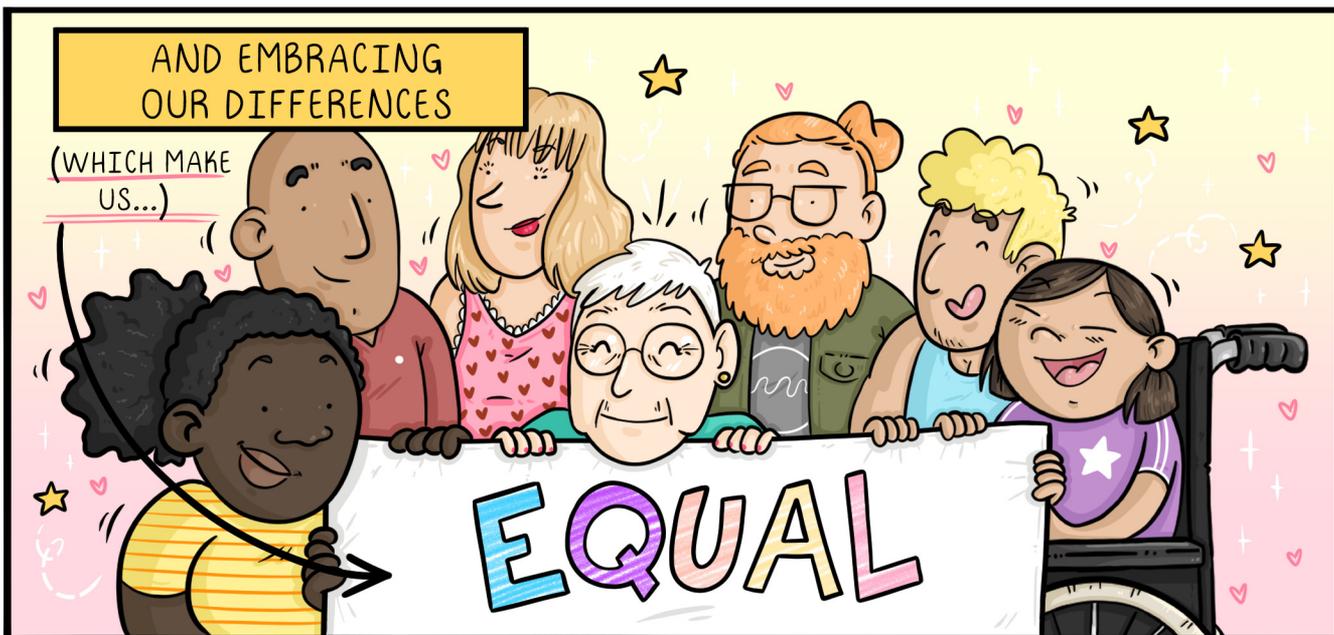
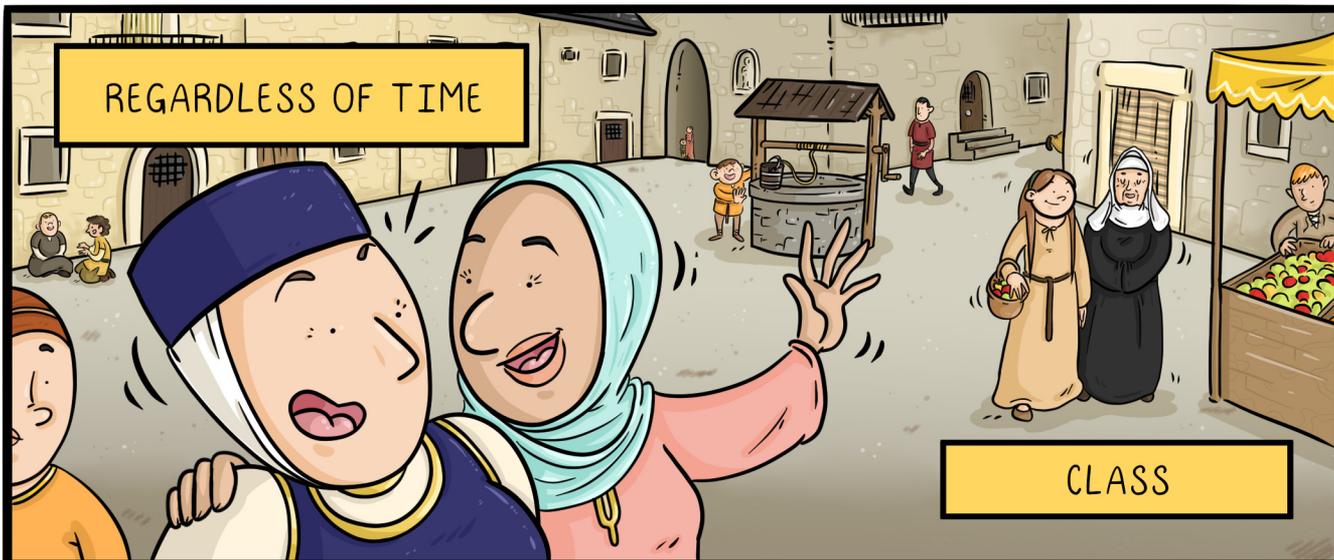
AND EVENTUALLY
GIVE RISE TO US

WITH OUR ZEAL
TO EXPLORE

IMAGINE
AND CREATE

COMMUNICATE
AND SHARE





WE ALL LIKE TO GO OUT
AND HAVE FRIENDS

AND THAT'S WHY...

07:00

RING!
RING!

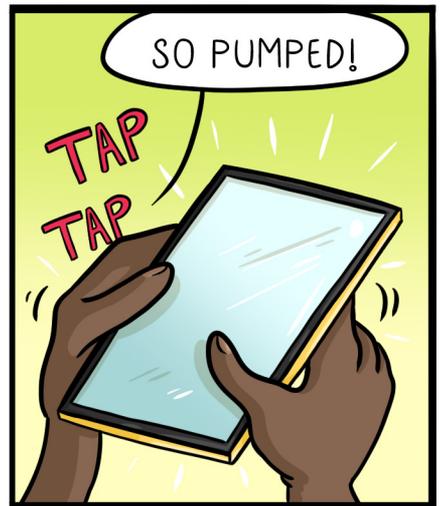
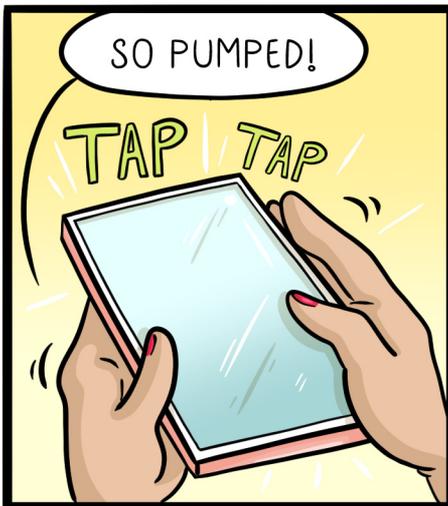
OH!

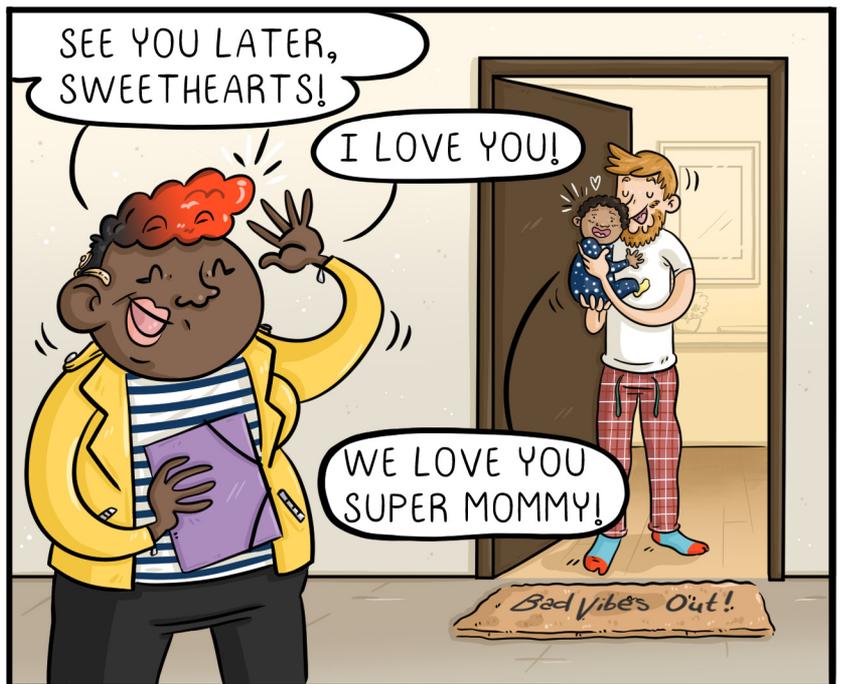
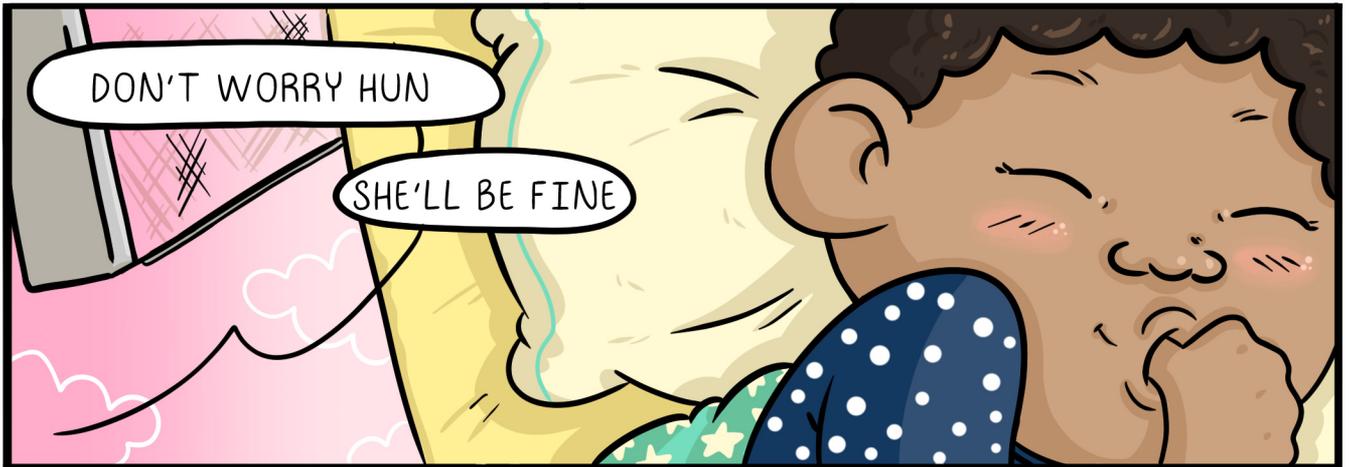
IT'S...

FRIDAY!

AND MY BODY

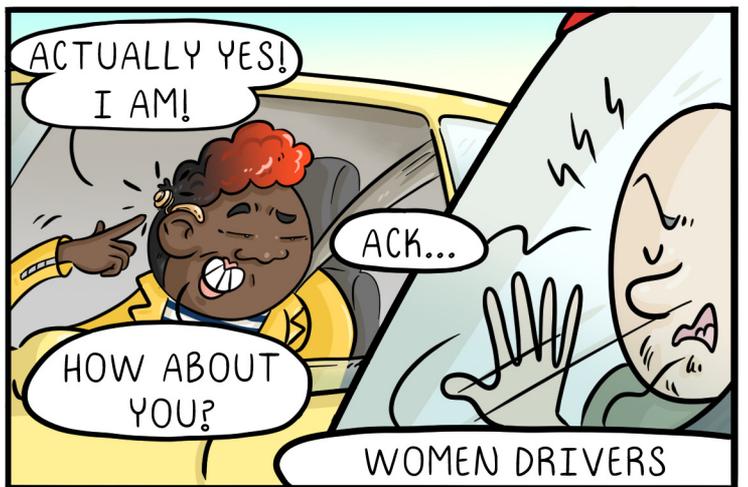
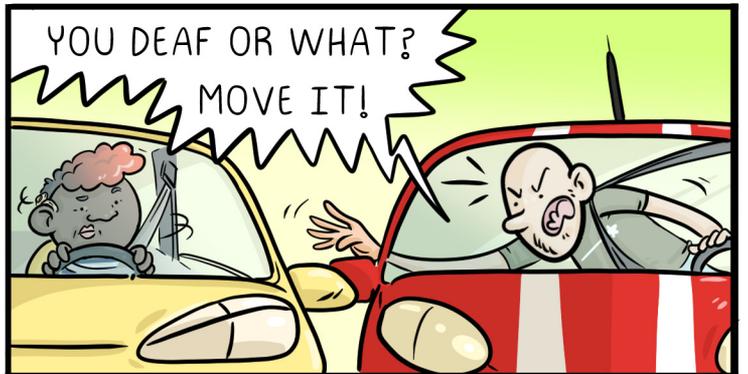
CAN FEEL IT!





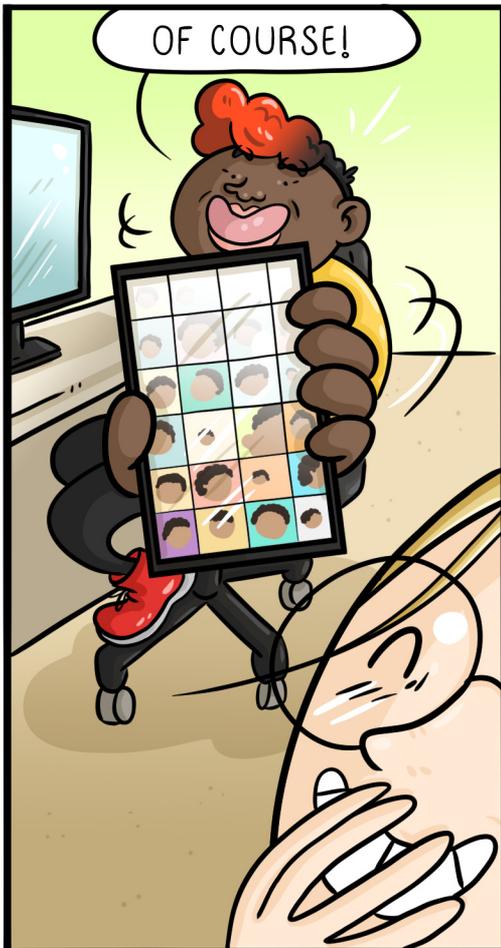


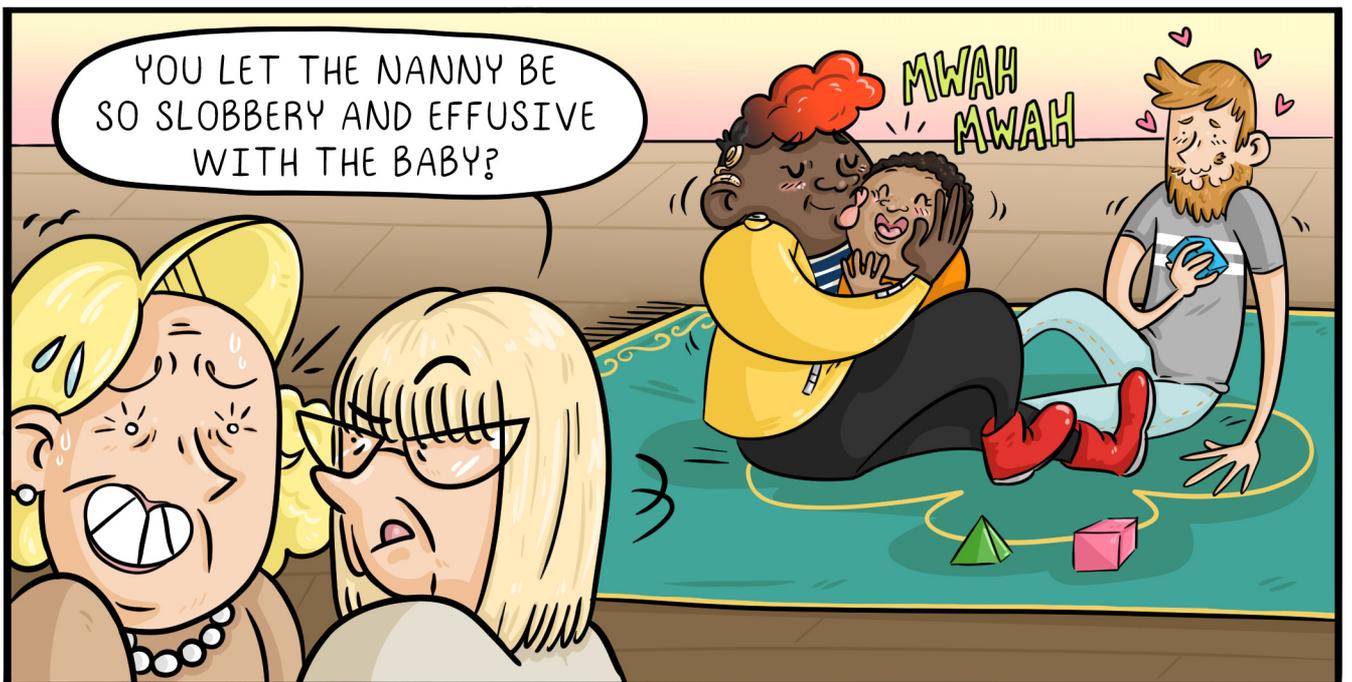
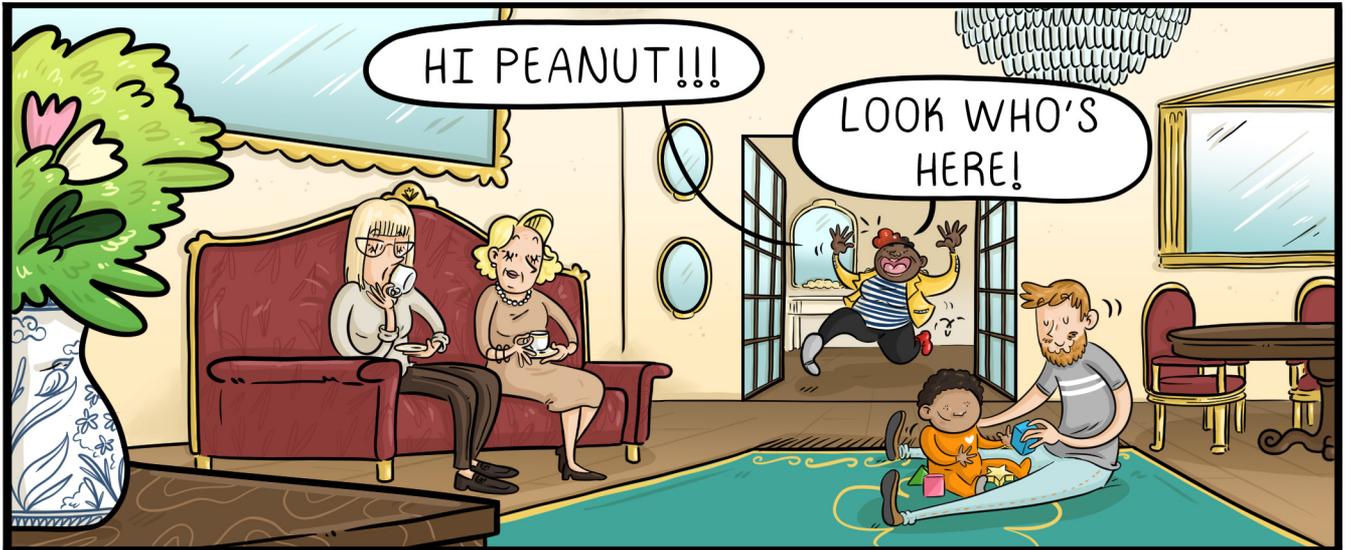
WHAT IF SOMETHING GOES WRONG AND JAVI DOESN'T NOTICE?
WHAT IF SOMETHING HAPPENS TO HIM?
WHAT IF SOMETHING HAPPENS... TO BOTH OF THEM?!

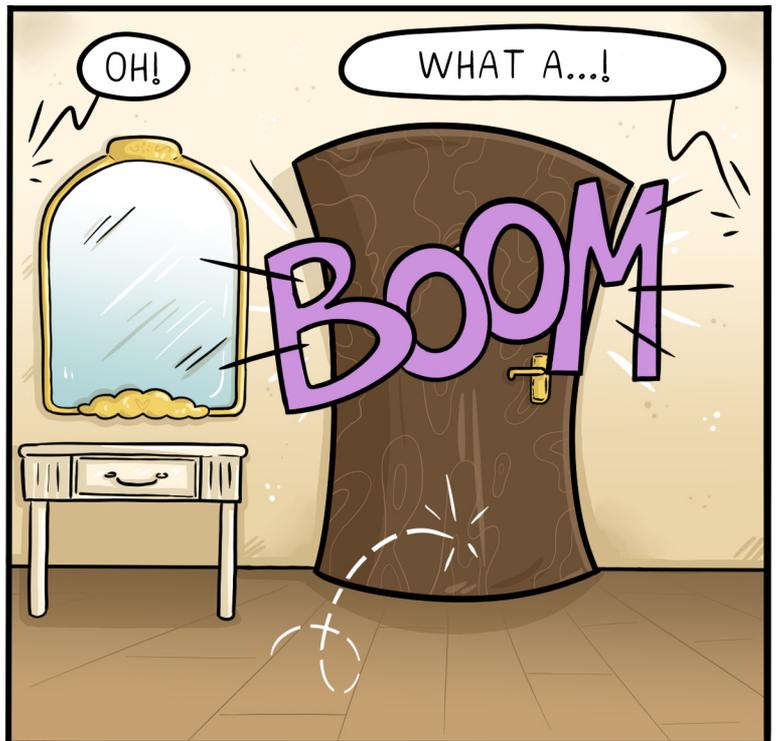
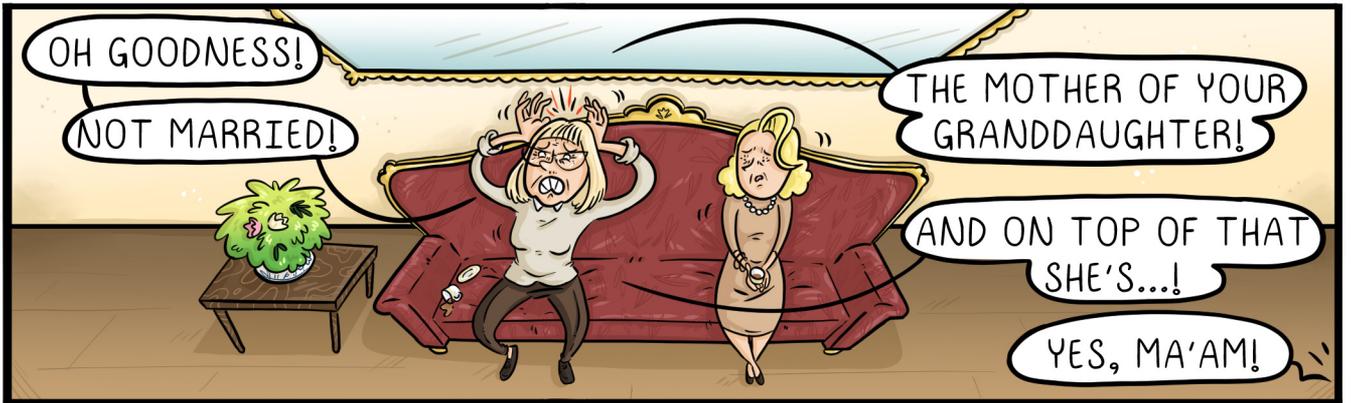
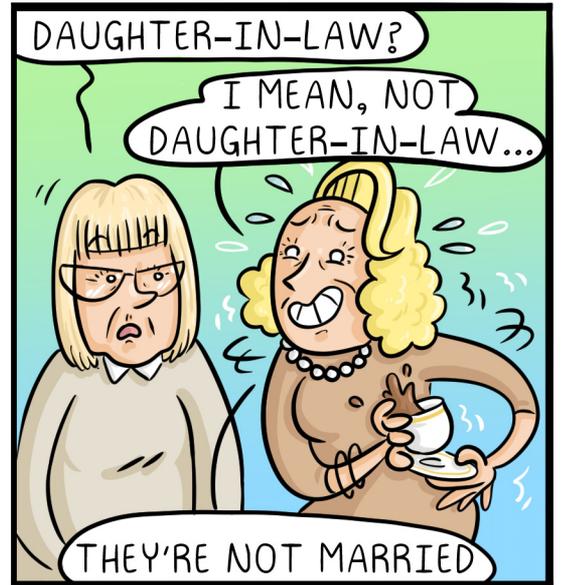


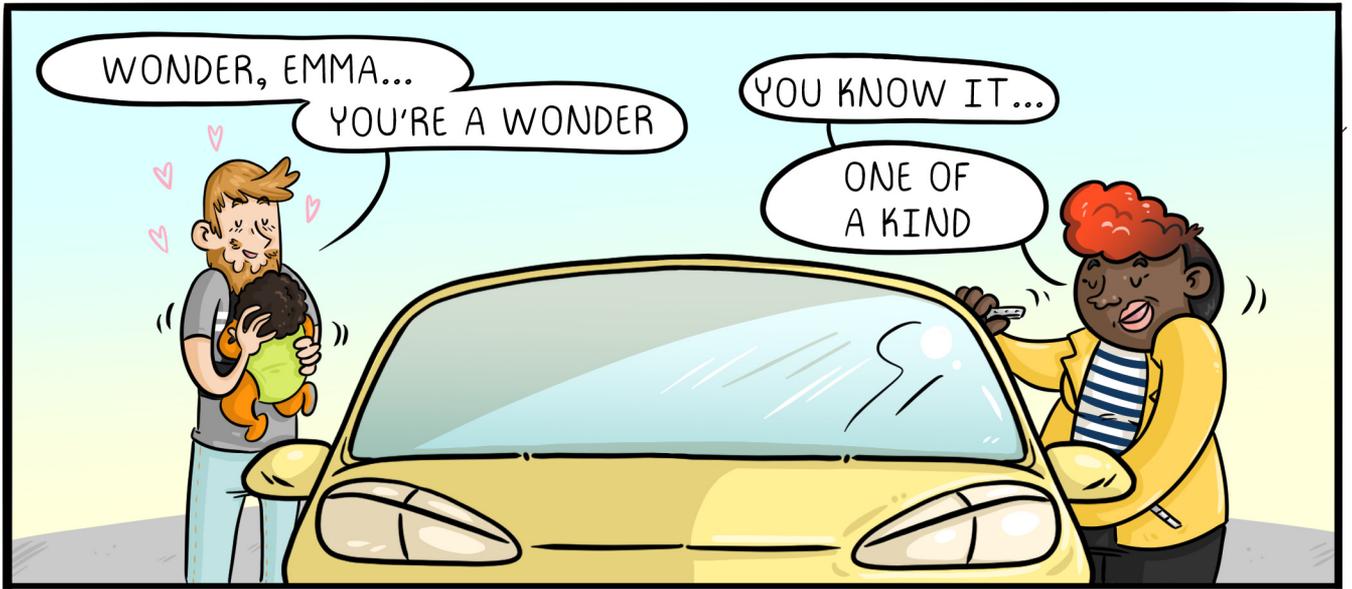












VIOLET'S DAY

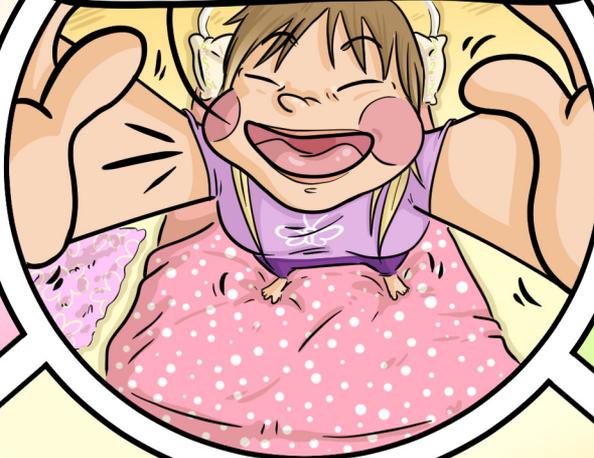
SUPER MAKE-UP!



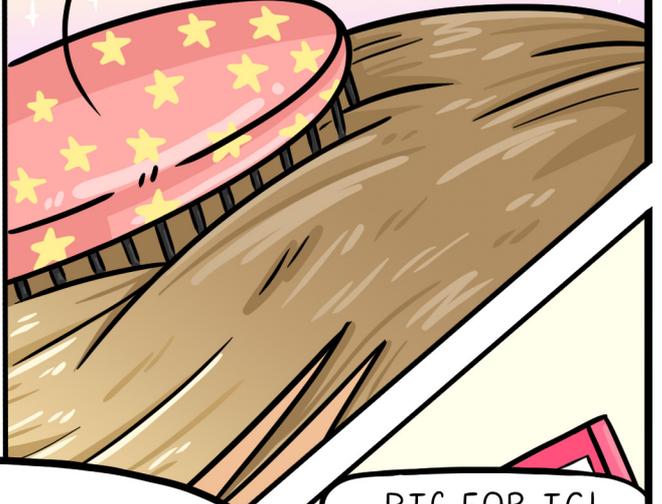
SUPER FIT!



TODAY IS GONNA BE AN AMAZING DAY!



HAIR DID!



PIC FOR IG!

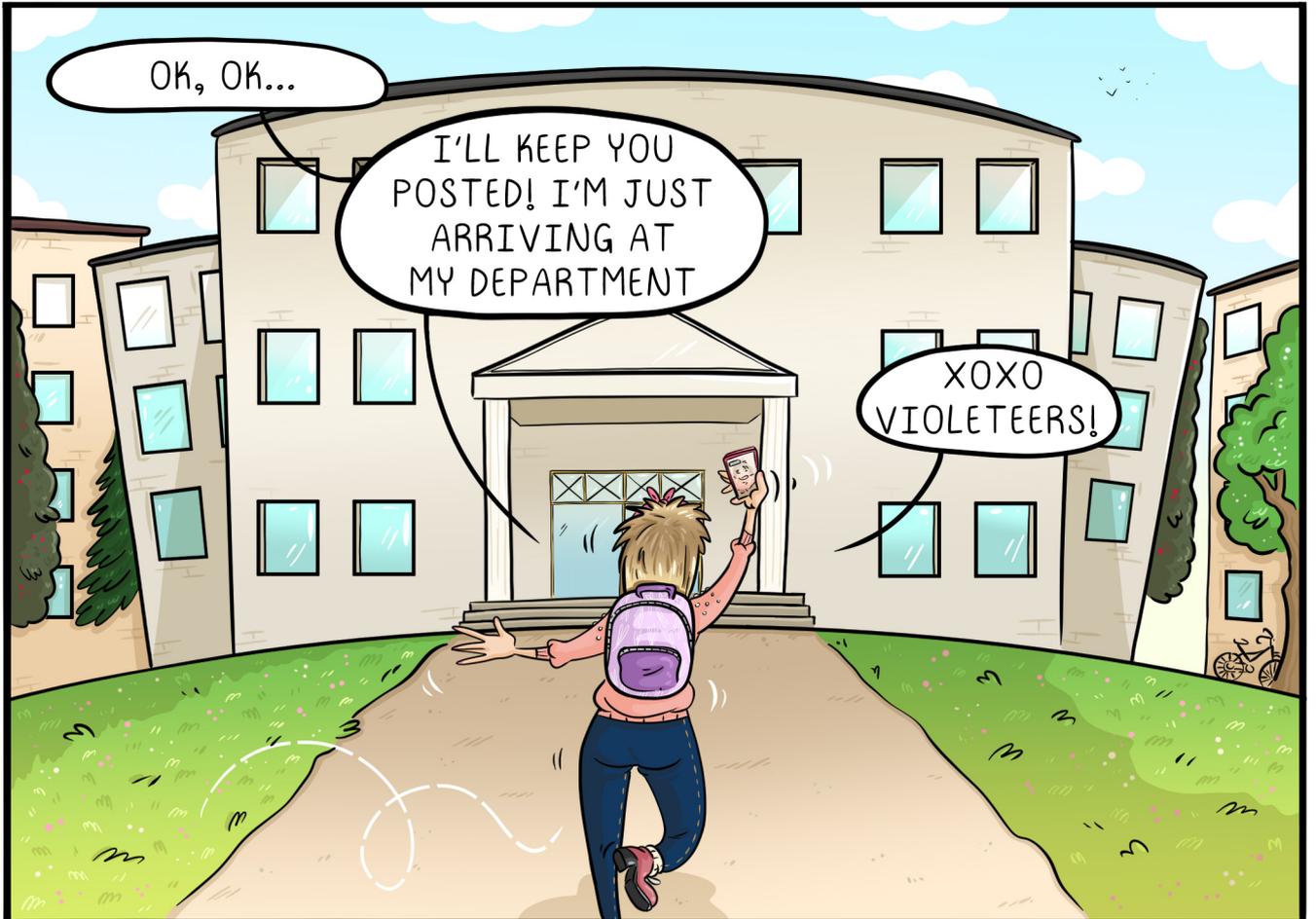
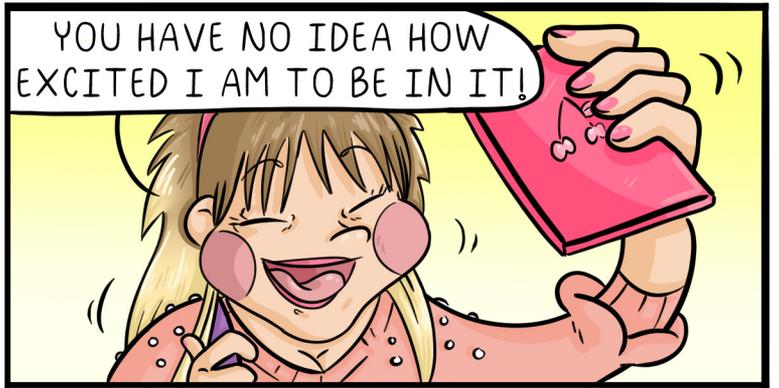
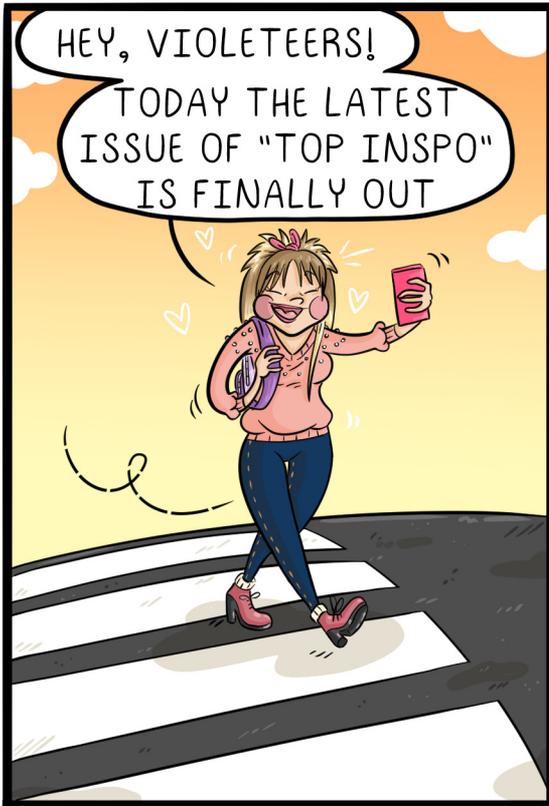


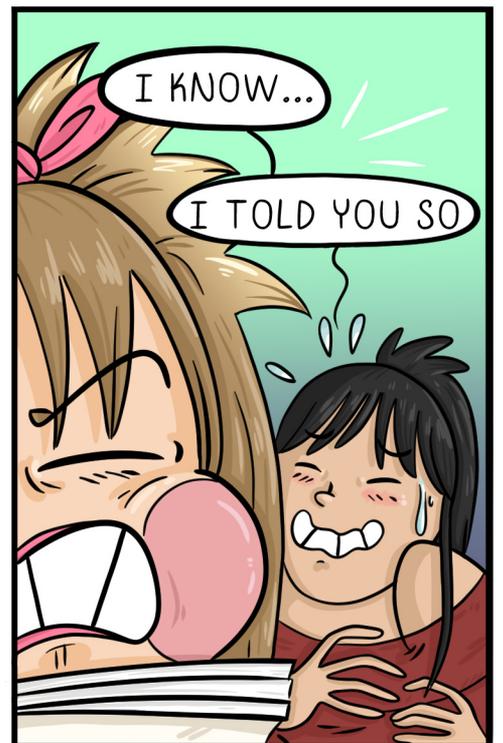
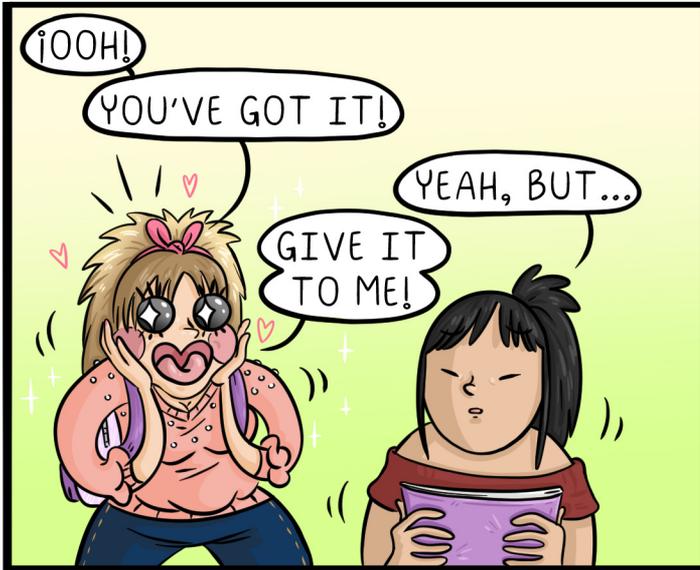
AND MY BACKPACK FOR SCHOOL!



LOOKIN' HOT AND FLY!







With a glaringly obvious disability, Violet is breaking down barriers on social media.

THIS IS HUMILIATING!

INSPO Top!

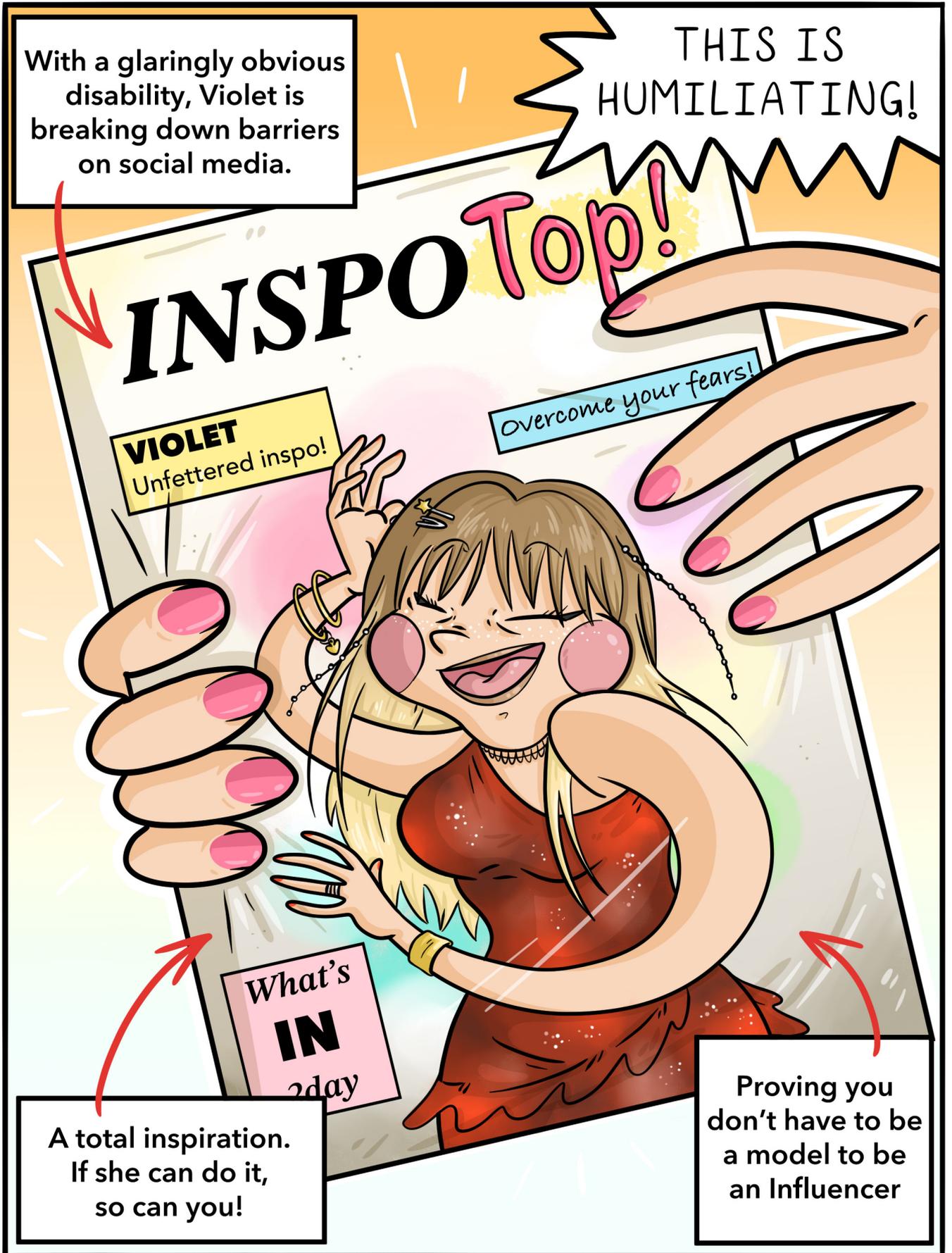
VIOLET
Unfettered inspo!

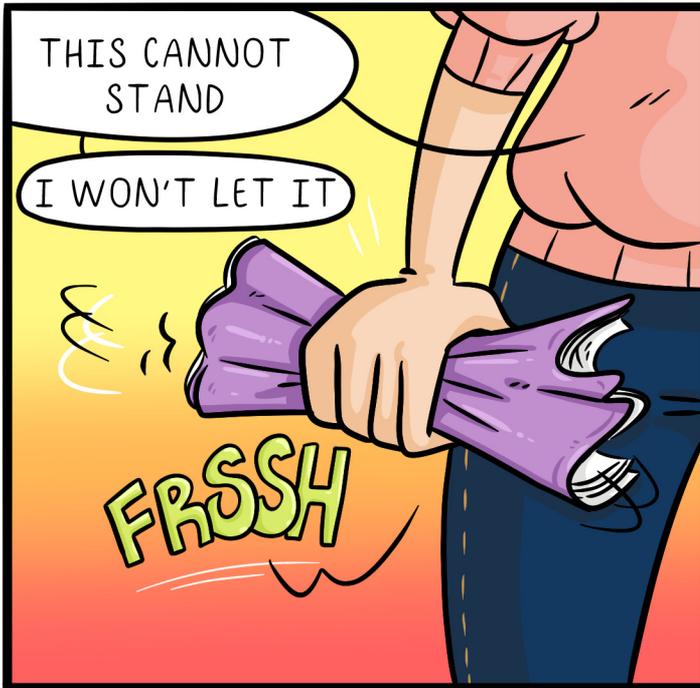
Overcome your fears!

What's
IN
2day

A total inspiration.
If she can do it,
so can you!

Proving you
don't have to be
a model to be
an Influencer





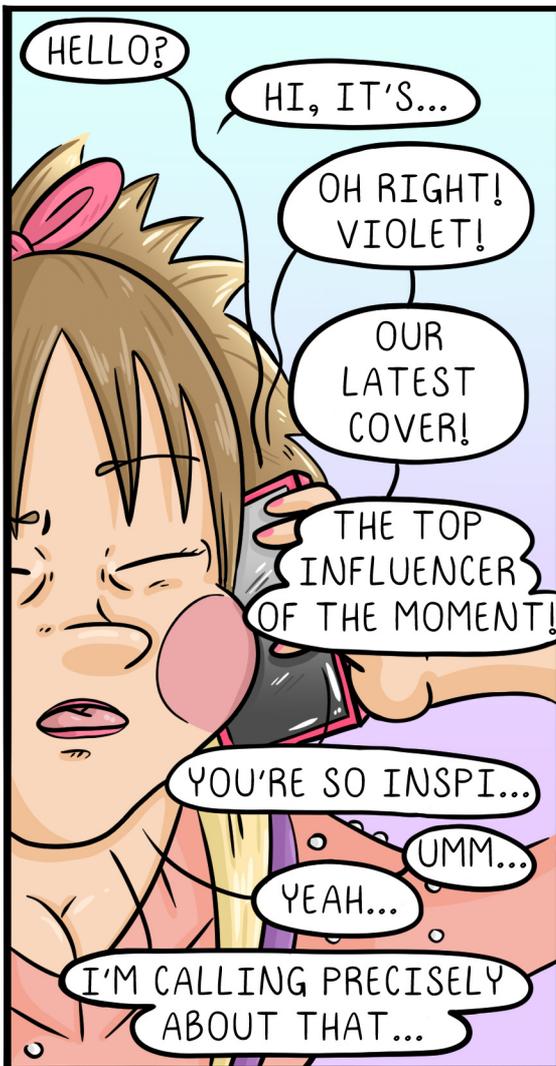
THIS CANNOT STAND

I WON'T LET IT

FRSSH



I'M GOING TO CALL THE EDITOR



HELLO?

HI, IT'S...

OH RIGHT! VIOLET!

OUR LATEST COVER!

THE TOP INFLUENCER OF THE MOMENT!

YOU'RE SO INSPI...

UMM...

YEAH...

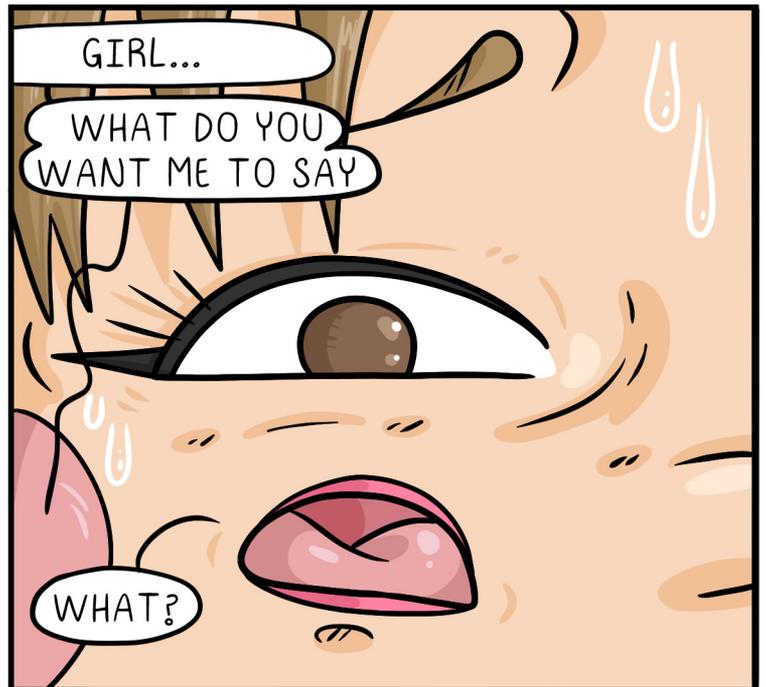
I'M CALLING PRECISELY ABOUT THAT...



YOU ONLY TALK ABOUT BY DISABILITY

NOT EVEN ABOUT MY CONTENT

NOT EVEN ABOUT ME!



GIRL...

WHAT DO YOU WANT ME TO SAY

WHAT?!

IF YOU WEREN'T
LIKE THAT YOU
WOULDN'T BE IN
THE MAGAZINE...

MUCH LESS
ON THE COVER!

DO YOU THINK
YOU HAVE ANY IDEA
HOW TO DO
WHAT WE DO

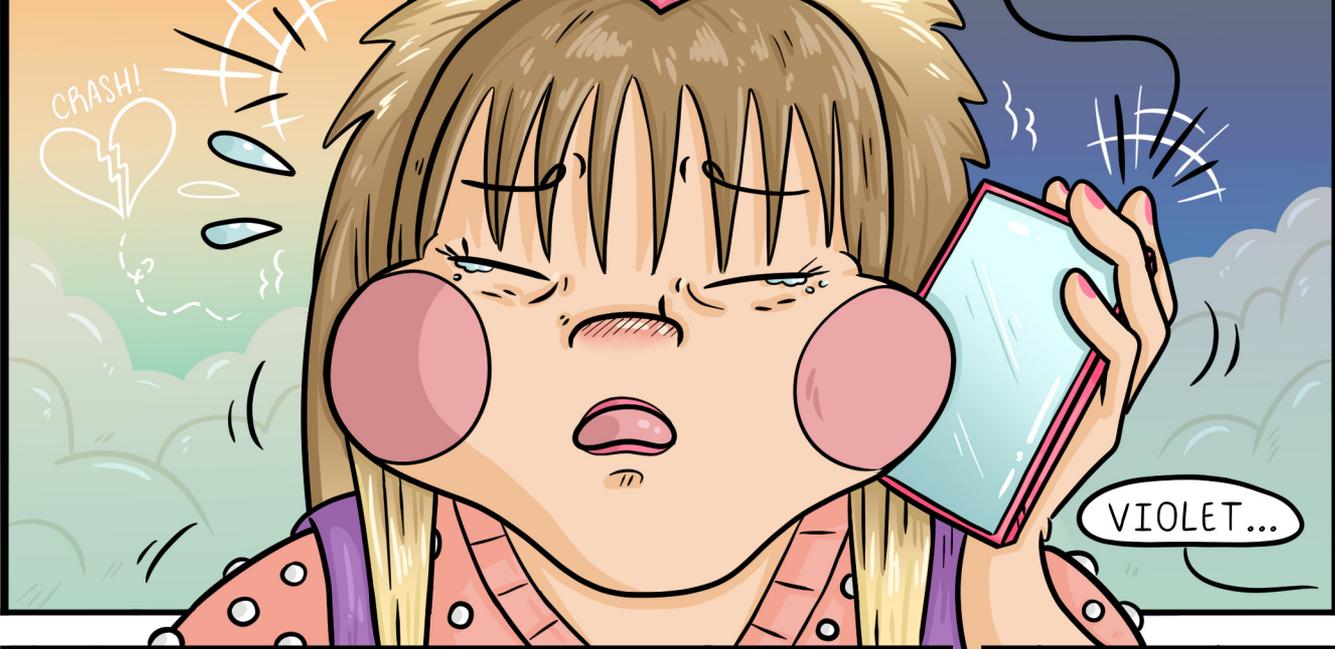
PROBABLY BETTER
THAN YOU...

JUST BE
THANKFUL
AND LEAVE US
ALONE

GO ON,
KEEP PLAYING
INFLUENCER

GOOD LUCK, GIRLIE

YOU'RE GONNA
NEED IT



HEY, VIOLETEERS!

YOU'RE ALL
FREAKING OUT WITH
THIS IMPROVISED LIVE
FROM SCHOOL, BUT
WHAT I'VE GOT
FOR YOU IS HEAVY.

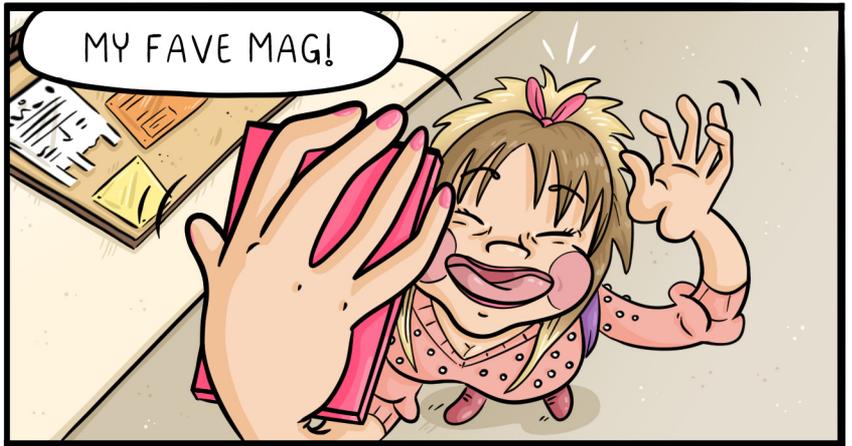
SO HOLD ON
TO YOUR PHONES!

AS YOU KNOW, TODAY
THE ISSUE OF
TOP INSCO
COMES OUT WITH ME
ON THE COVER...

I KNOW, CRAZY!

IT'S BEEN A DREAM
SINCE FOREVER

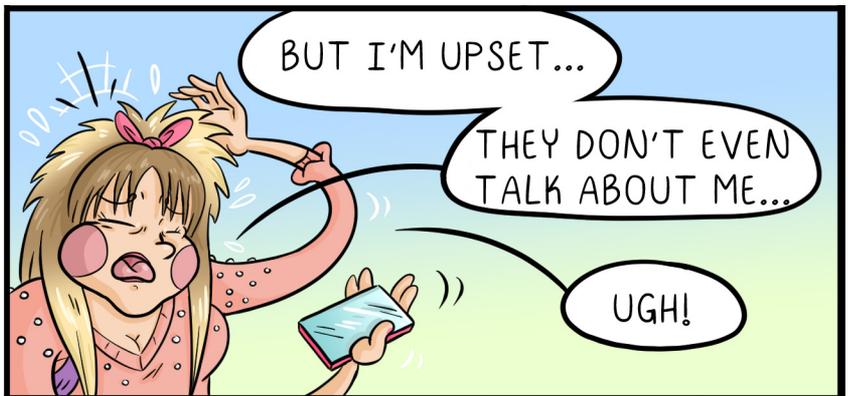
MY FAVE MAG!



BUT I'M UPSET...

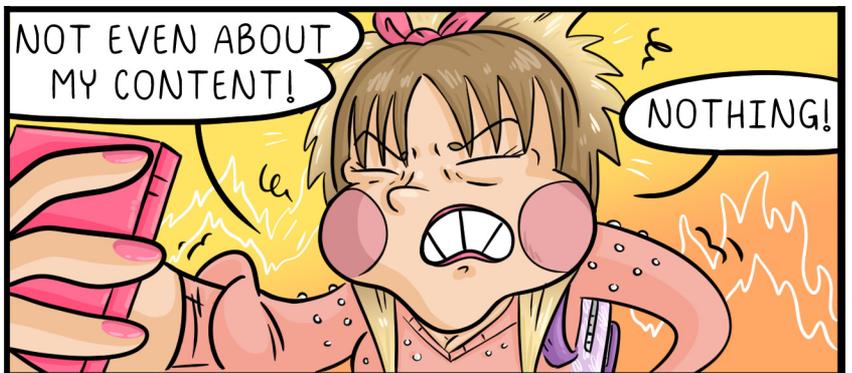
THEY DON'T EVEN
TALK ABOUT ME...

UGH!



NOT EVEN ABOUT
MY CONTENT!

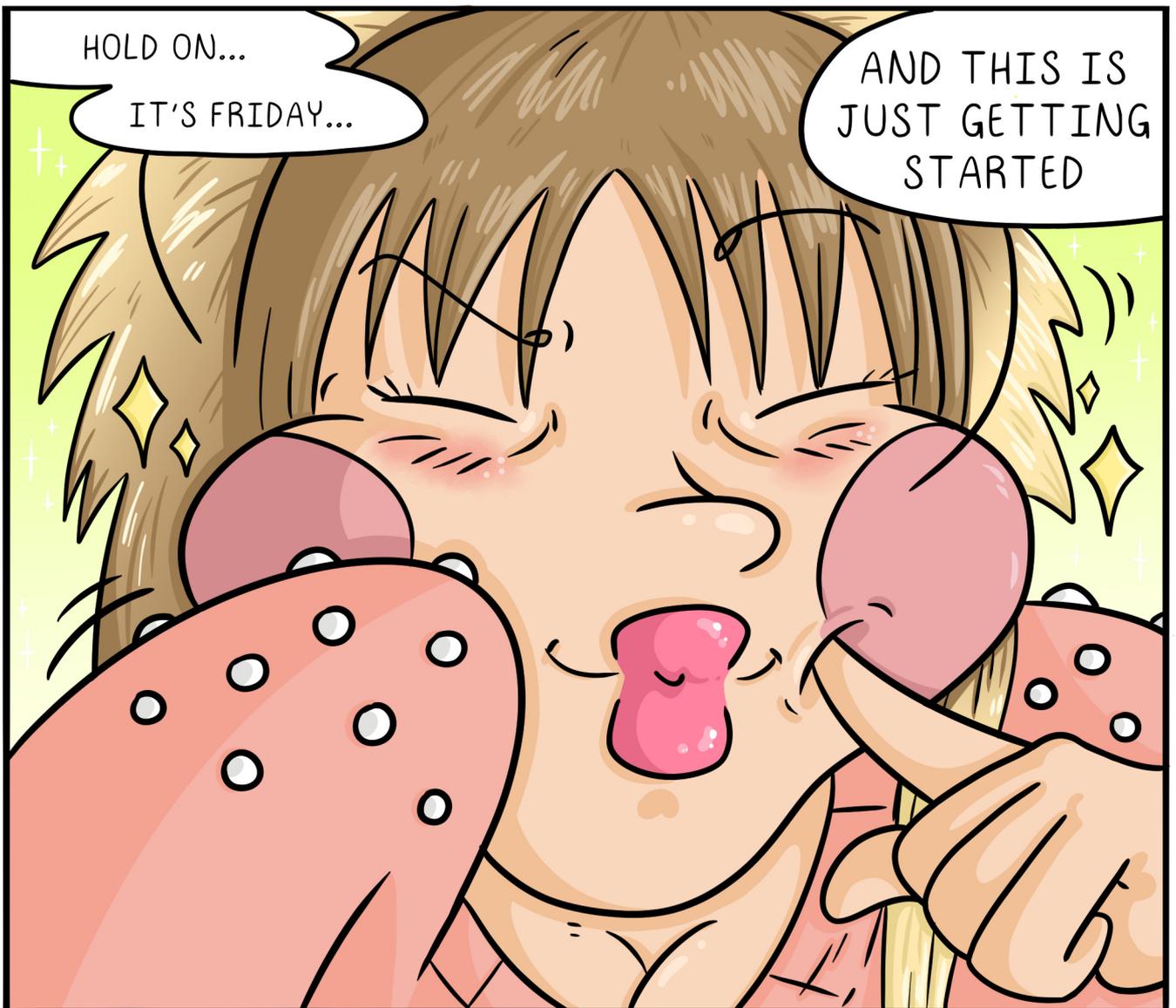
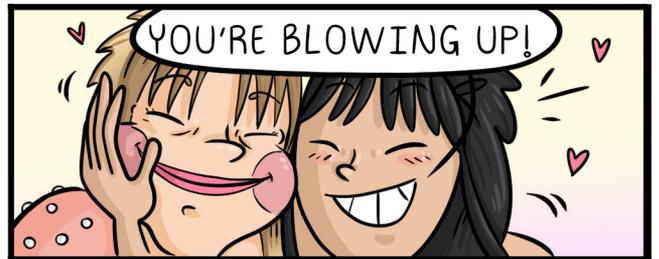
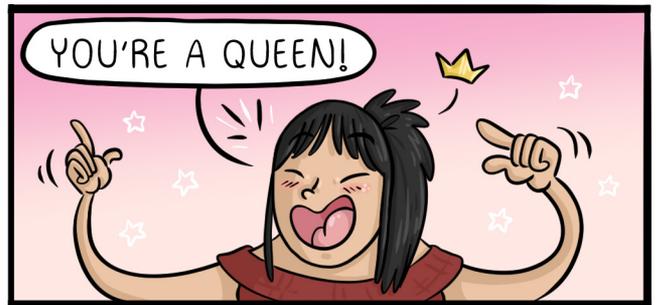
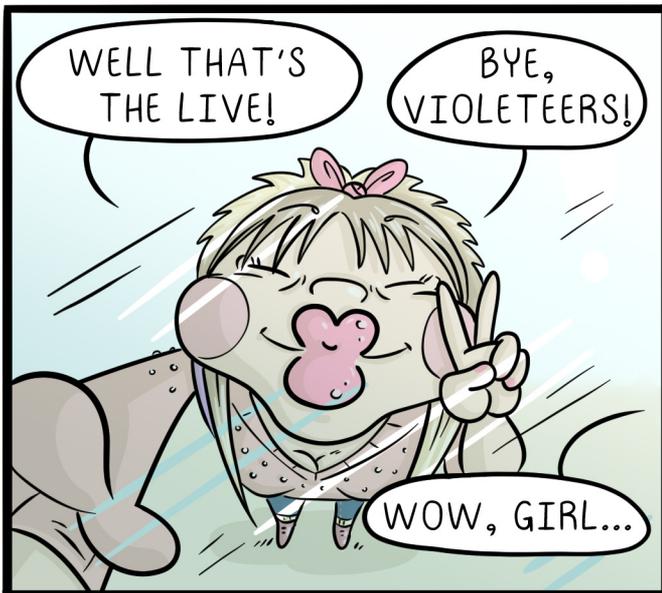
NOTHING!



ONLY ABOUT
BY DISABILITY! **Comments:**

- Never reading it again
- You're the best!
- What drags!
- Just say no to motivational pron
- You so Gucci!





MARA'S DAY

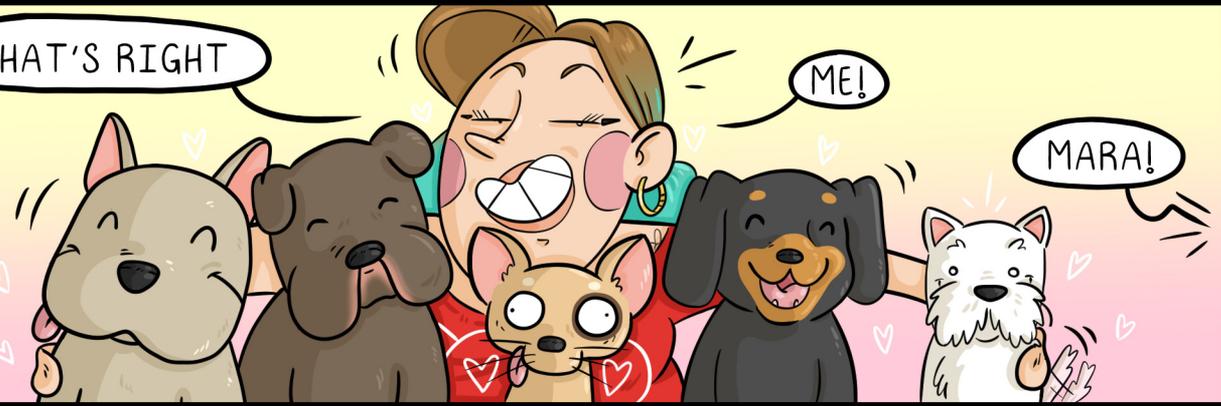
WHO IS THE MOST BEAUTIFUL GIRL IN THE WORLD?



THAT'S RIGHT

ME!

MARA!



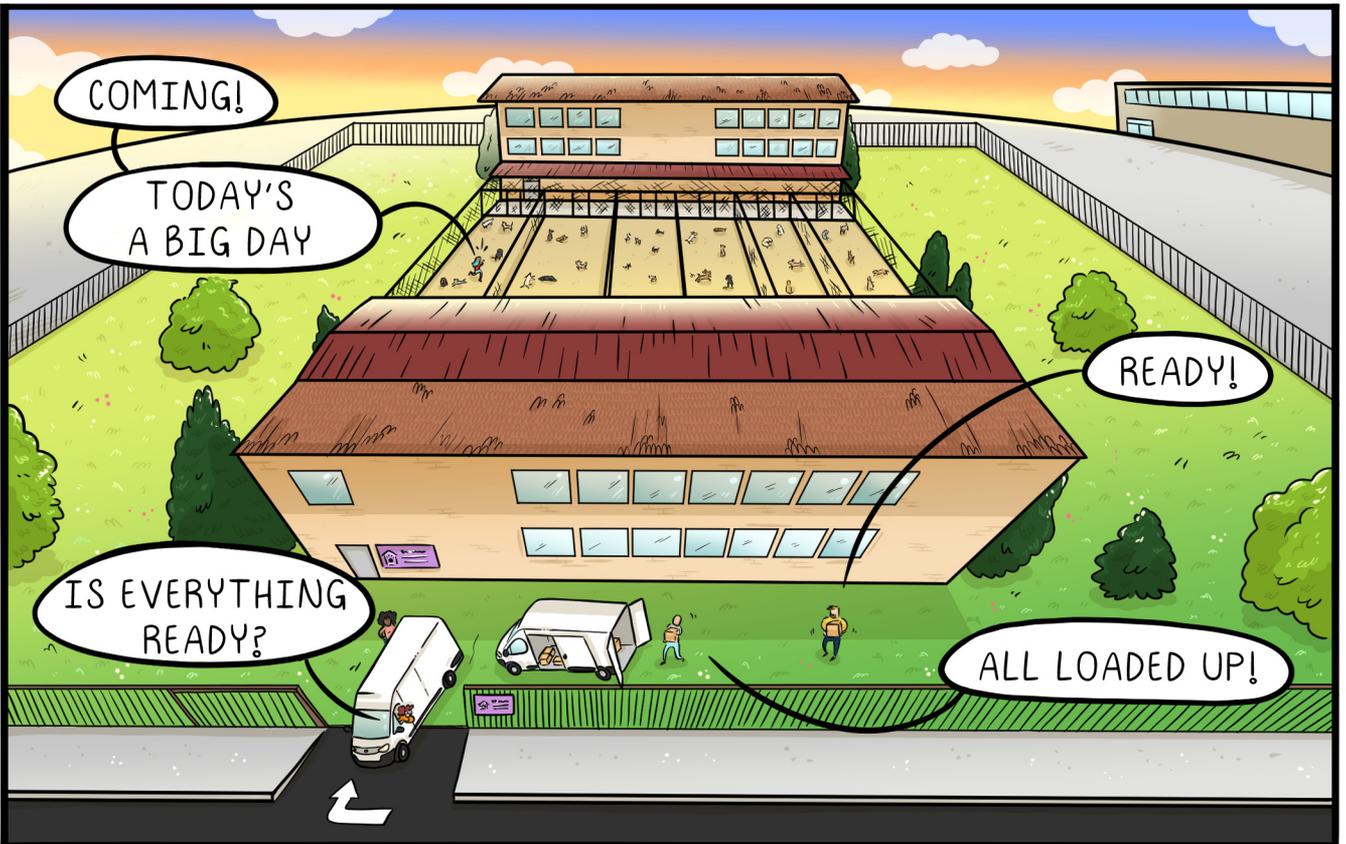
COMING!

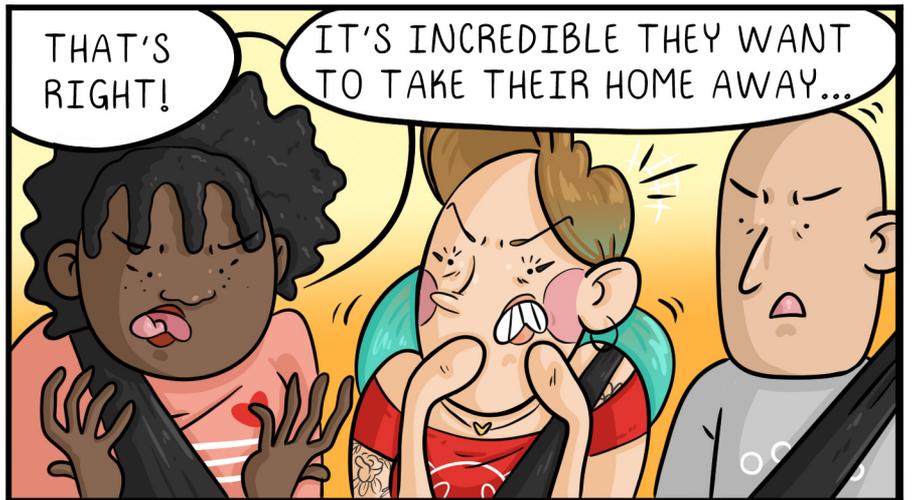
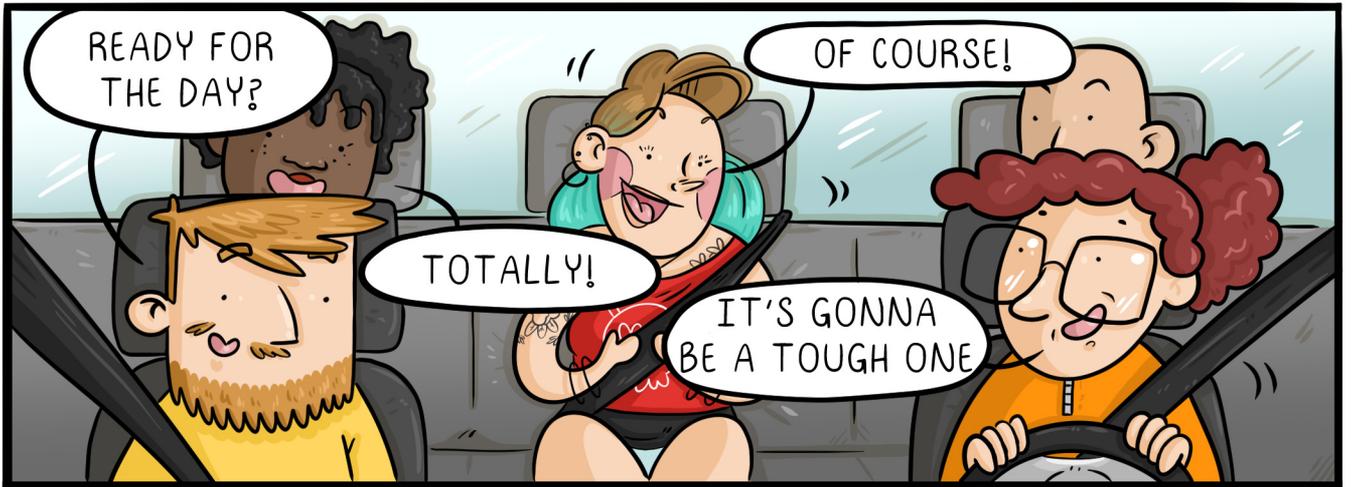
TODAY'S
A BIG DAY

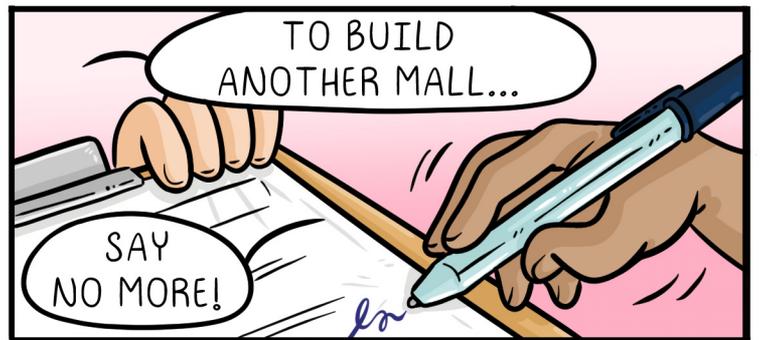
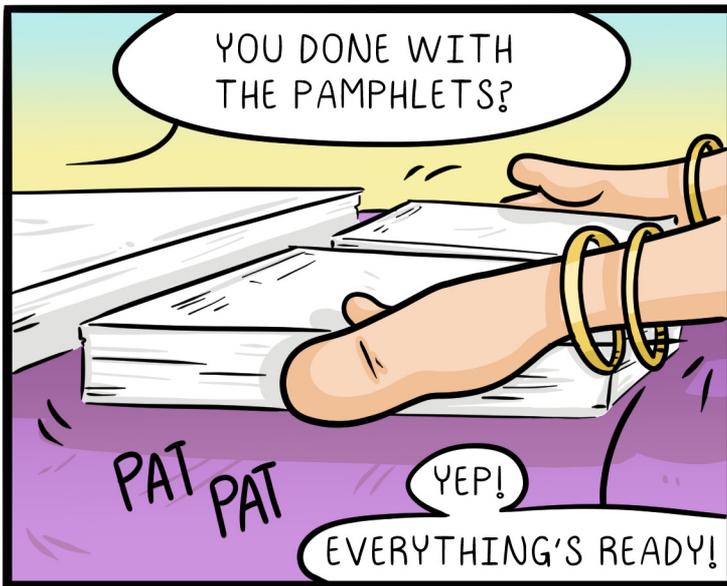
READY!

IS EVERYTHING
READY?

ALL LOADED UP!



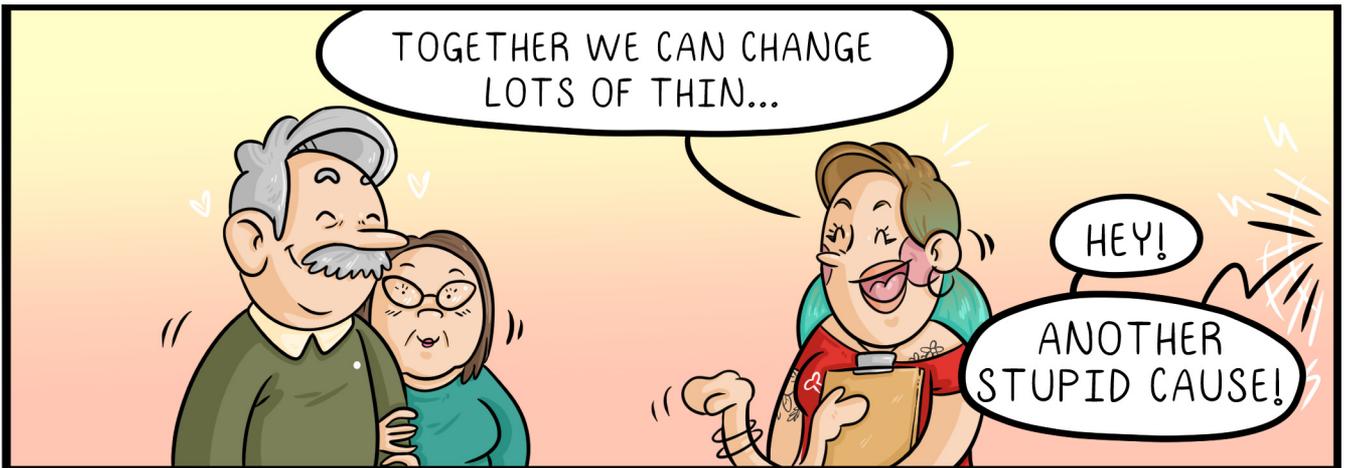




THANK YOU FOR
YOUR COOPERATION!



TOGETHER WE CAN CHANGE
LOTS OF THIN...



HEY!

ANOTHER
STUPID CAUSE!

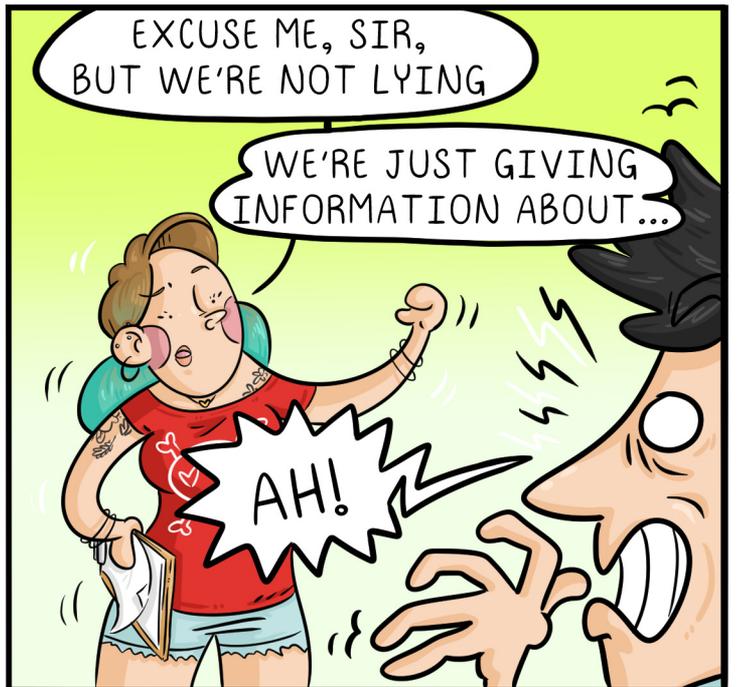
HAVE YOU NO SHAME?



WONDER
WHAT
LIES
YOU'RE
TELLING
NOW!

EXCUSE ME, SIR,
BUT WE'RE NOT LYING

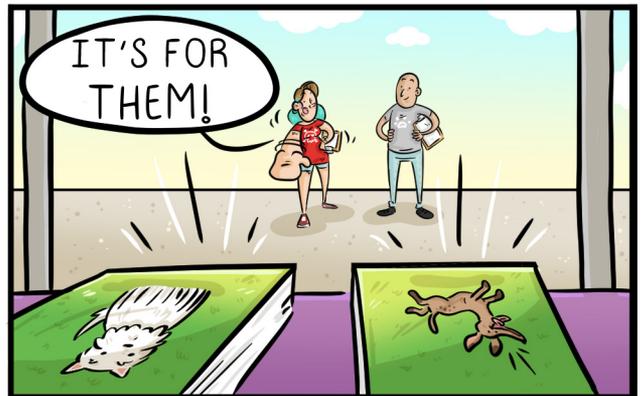
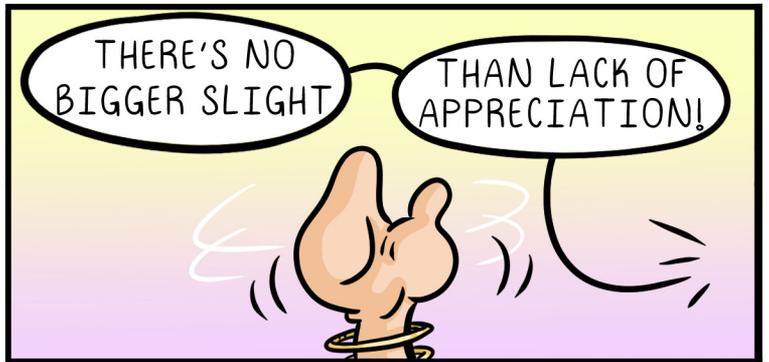
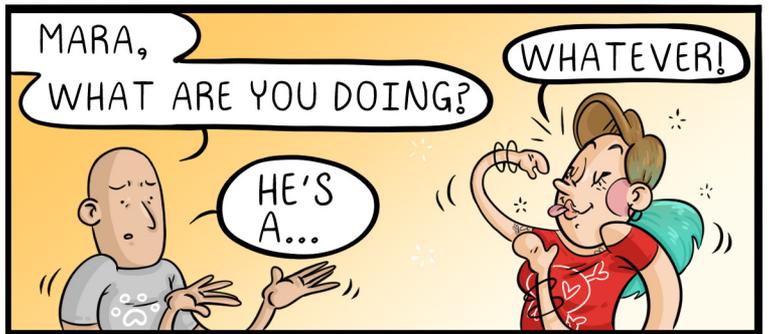
WE'RE JUST GIVING
INFORMATION ABOUT...



AH!



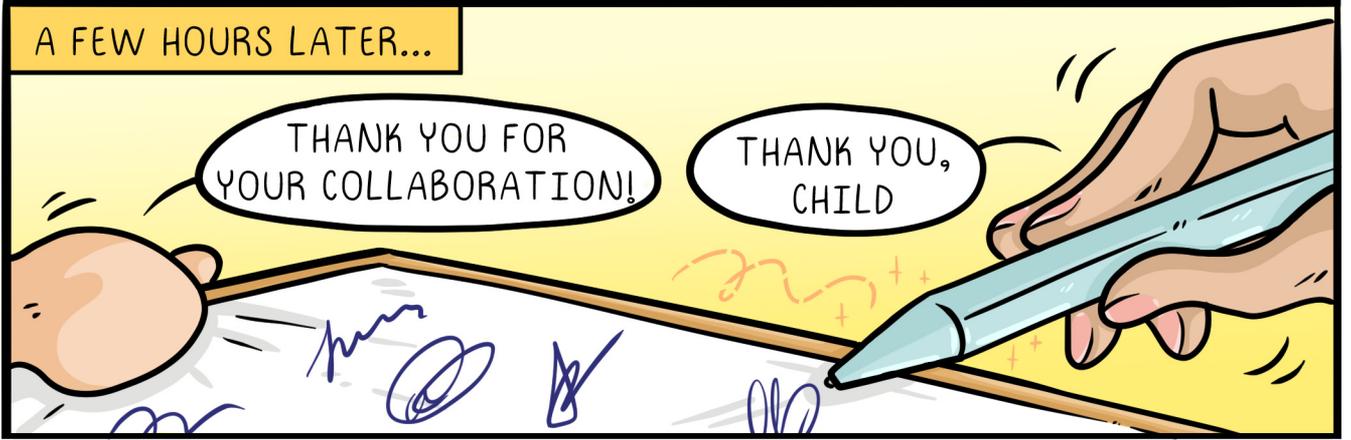




A FEW HOURS LATER...

THANK YOU FOR YOUR COLLABORATION!

THANK YOU, CHILD



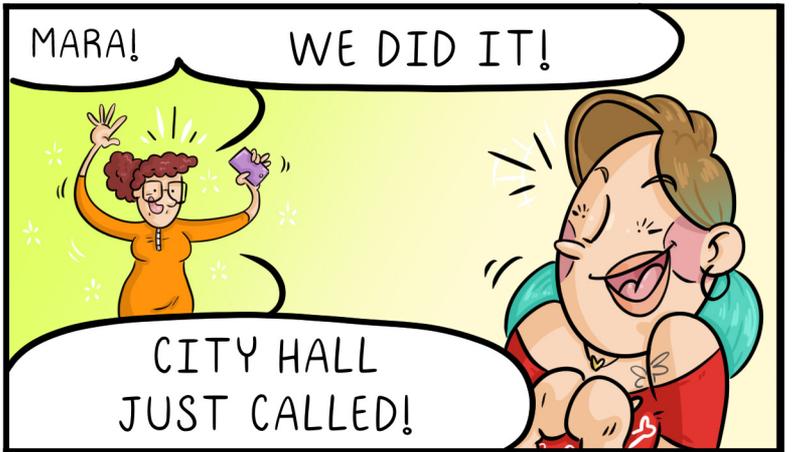
THIS WORLD NEEDS MORE PEOPLE WITH YOUR GOOD FAITH



MARA!

WE DID IT!

CITY HALL JUST CALLED!



WE'VE BEEN COVERED BY SO MANY OUTLETS THAT... WOW!

WOO HOO!



LET'S CELEBRATE!

CLAP!

I'M IN!



I'VE GOT A GIRLS' DINNER TONIGHT!



JULIA'S DAY

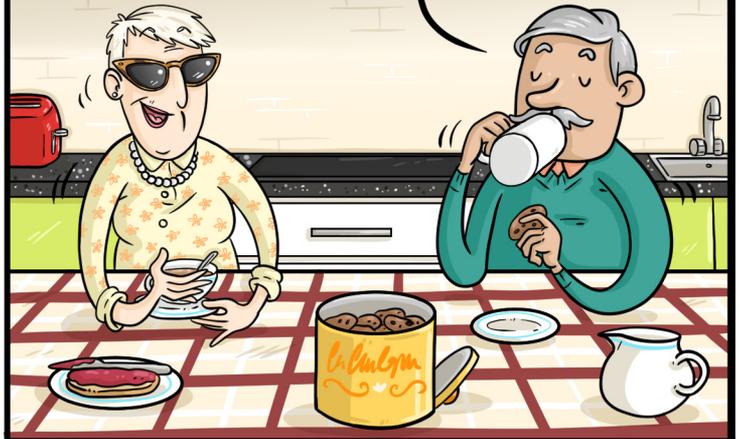
AMAZING!

FINALLY
FRIDAY!



FINALLY!

WHAT ARE
YOUR PLANS TODAY,
HONEY?



I'M TAKING GRANDBABY
TO HER FIRST JAM SESSION!

SHE'S GOING TO
LOVE IT!

I'M SURE!



ESPECIALLY BECAUSE
SHE'S GOING WITH THE BEST
GRANNY IN THE WORLD

SMARMY!

MWAH!



YOU OUGHT TO BE
USED TO IT...

AFTER ONLY
40 YEARS?

I HAVEN'T HAD THE TIME!



WELL, HONEY



I'M GOING TO GO
GET HER



TIME FLIES!

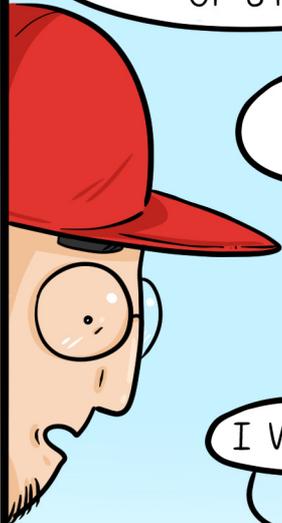


I JUST GOT OFF WORK
AND I'VE GOT A LOT
OF STUFF

COULD I HAVE
YOUR SEAT?

I WISH I COULD

BUT
I'M AFRAID
I CAN'T



I'VE GOT A DISABILITY AND

OH

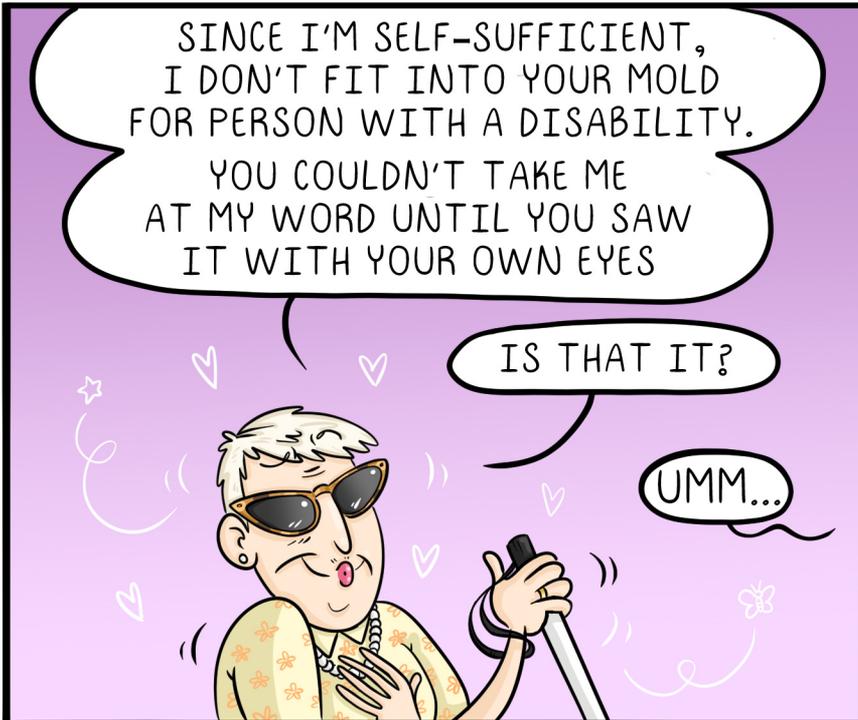
SURE



WHAT?

ANYBODY
PUTS ON
SUNGLASSES
AND YOU'RE
SUPPOSED
TO BELIEVE
THEY'RE BLIND







SWEETHEART!



OH!

THE MOST BEAUTIFUL THING
IN THE ENTIRE WORLD!

COME HERE,
LET ME GIVE YOU
BIG SNUGGLE!



READY TO ENJOY
SOME MUSIC WITH
YOUR FAVORITE
GRANDMA?

IT'S GONNA BE QUITE
THE EXPERIENCE



THE MUSIC IS
THE ONE WHO'S GOING
TO ENJOY MY GRANNY!

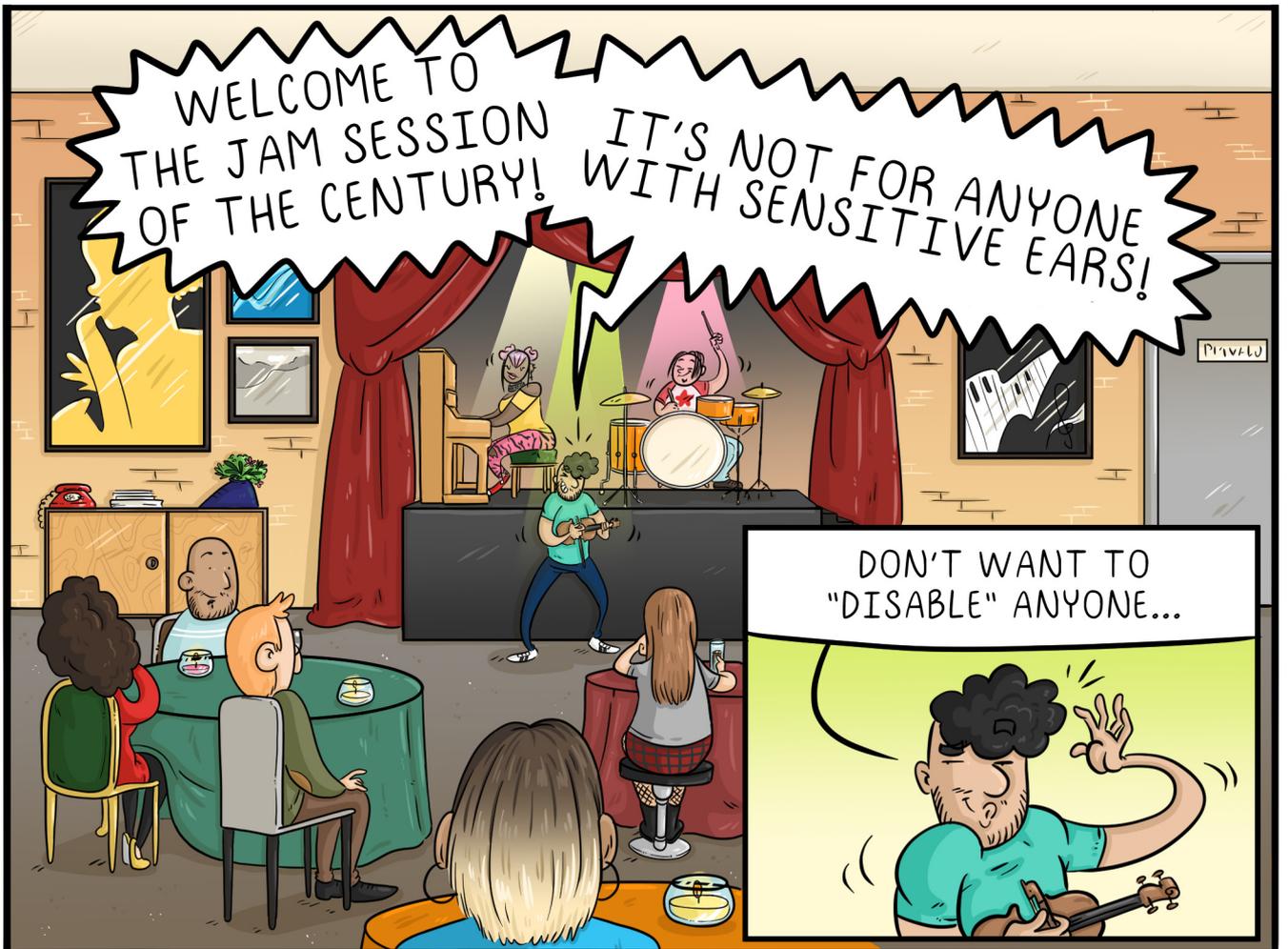


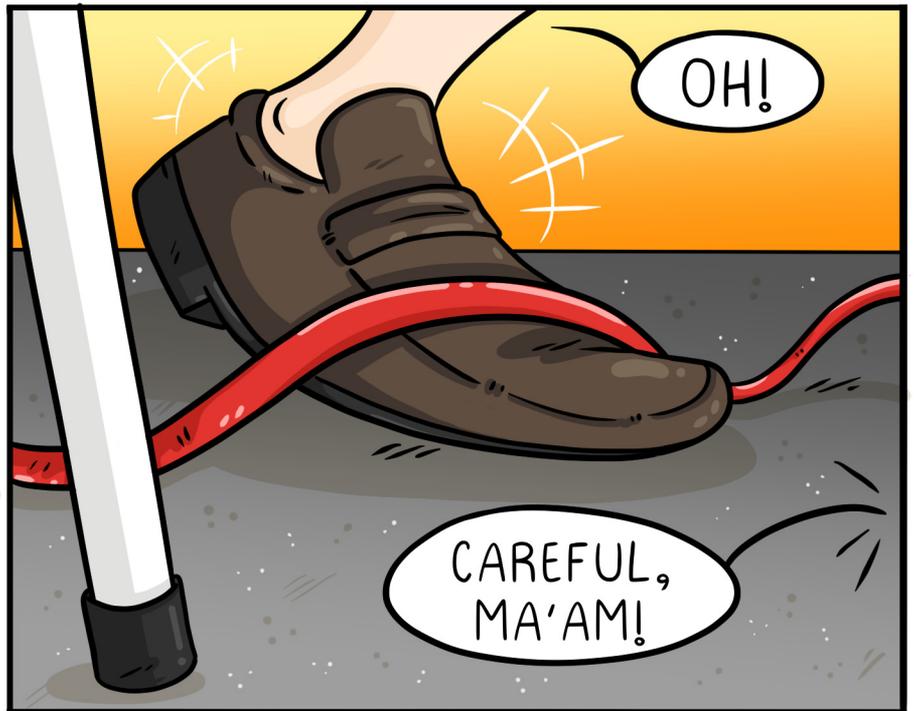
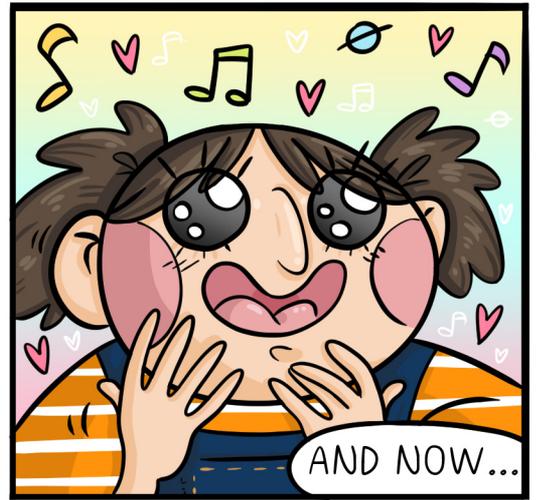
LET'S GO
THEN!

GRANNY...

CAN YOU TEACH ME
TO WHISTLE?

OF COURSE,
HONEY!





AGE AND BLINDNESS
ARE UNFORGIVING!

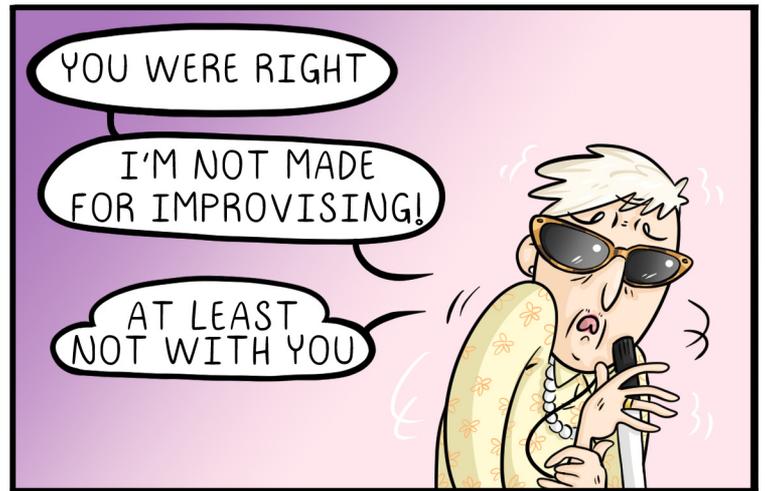
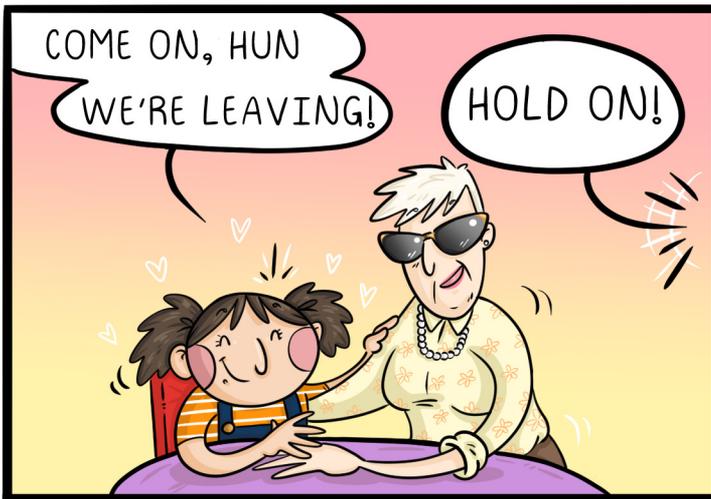
DON'T WORRY ABOUT IT!
NOT EVERYONE IS MADE
TO IMPROVI...!

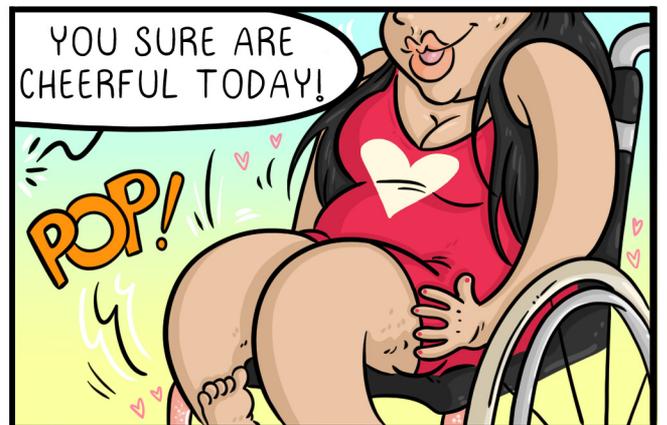
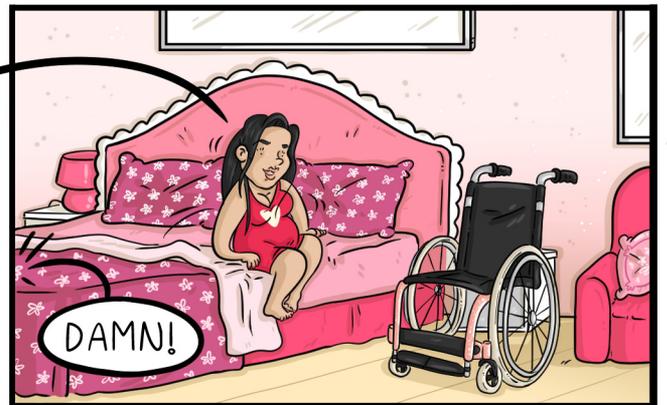
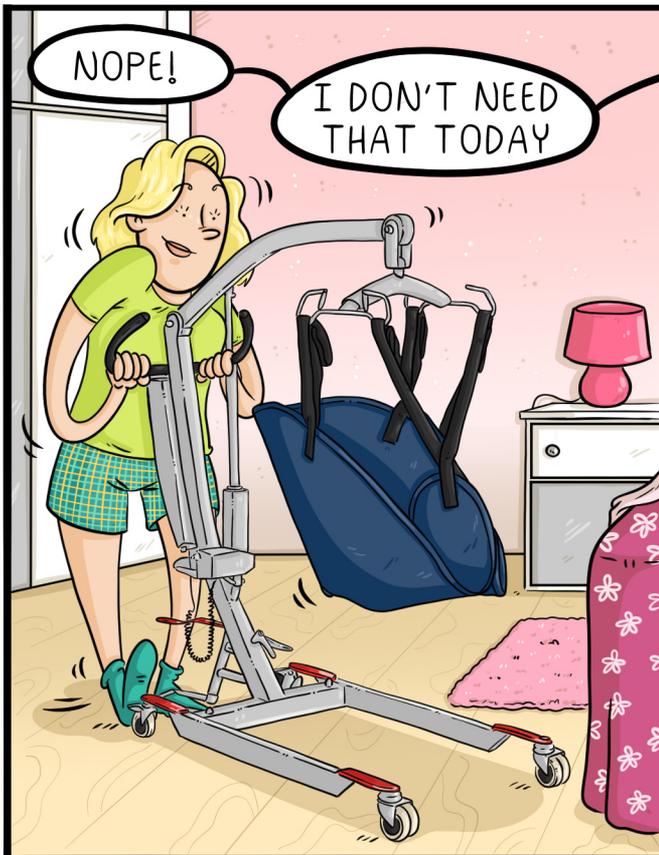
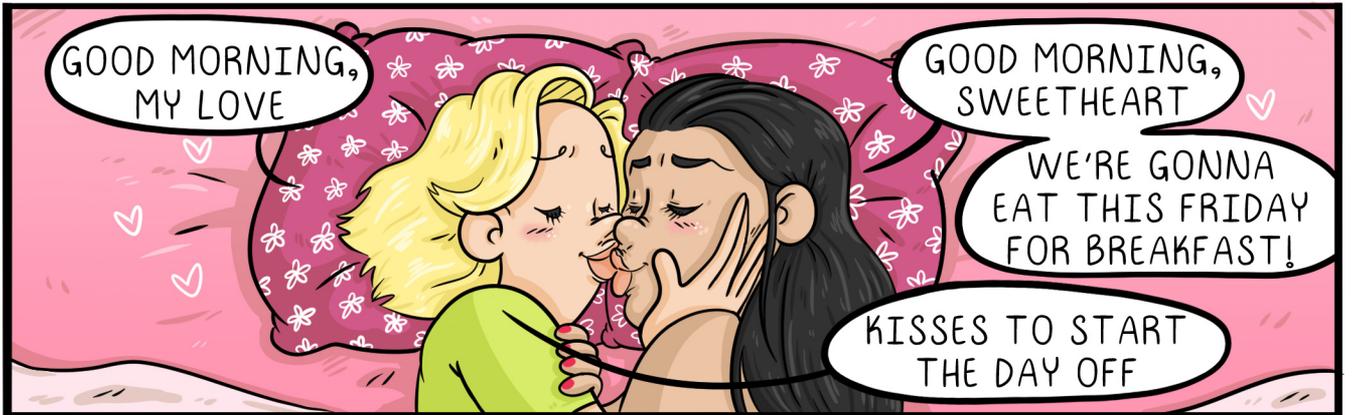
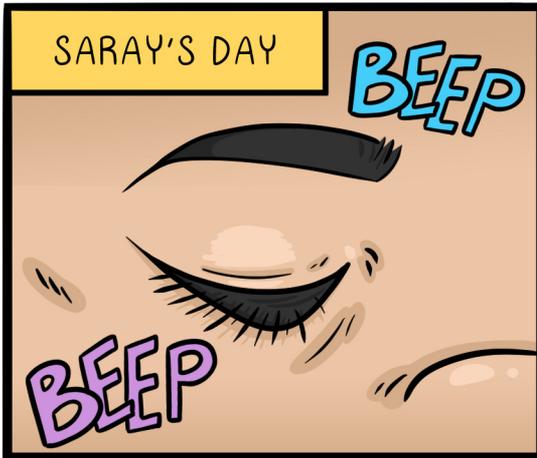
WOW!

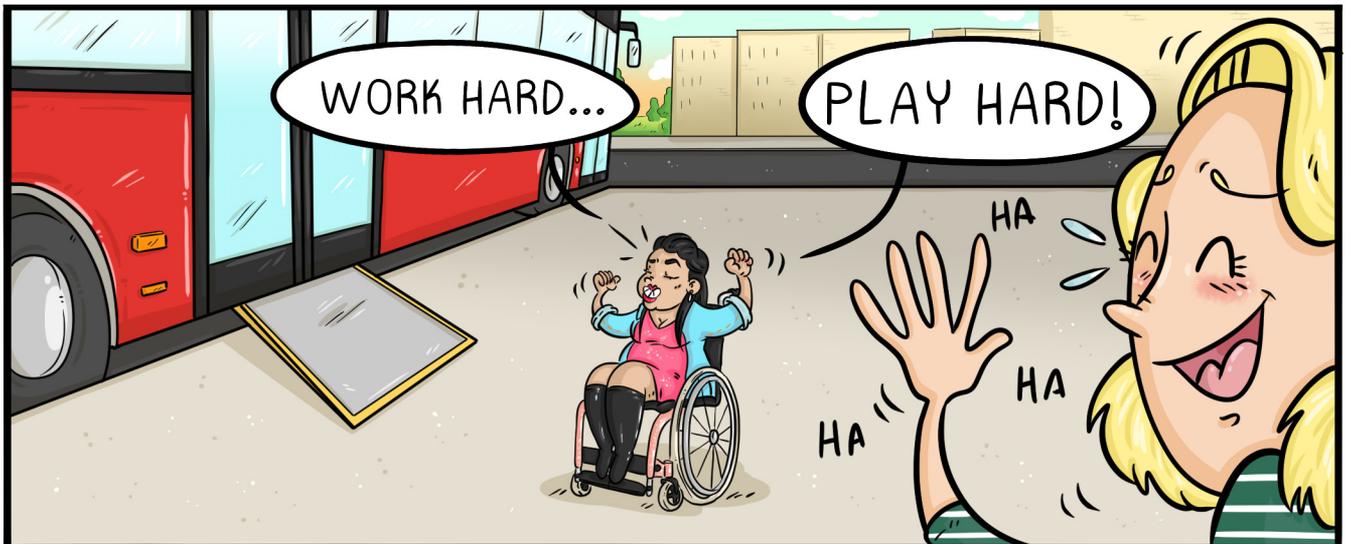
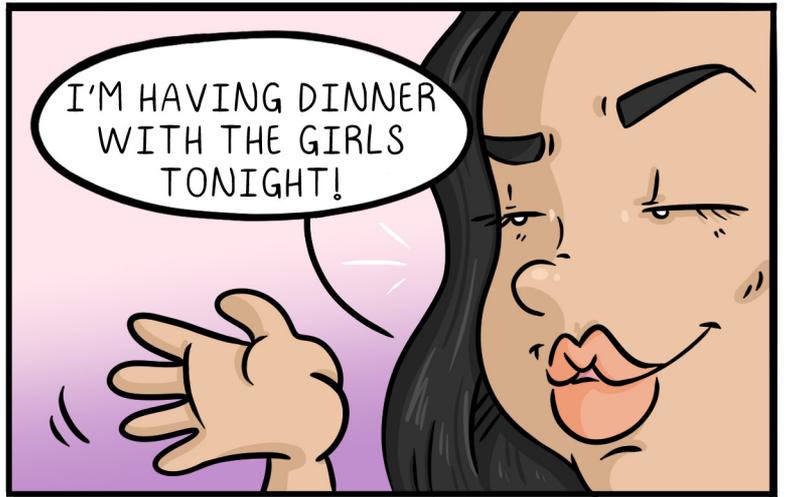
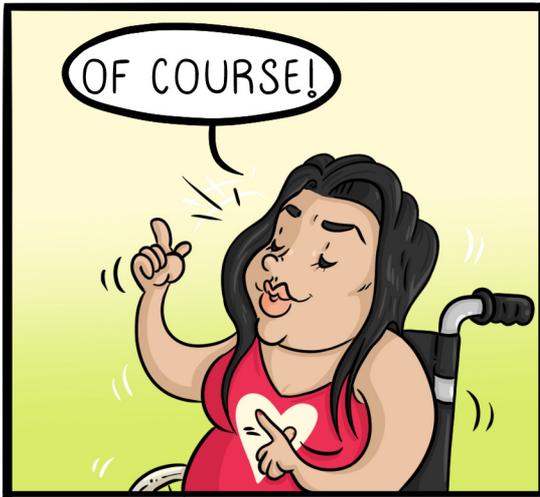
I KNOW!

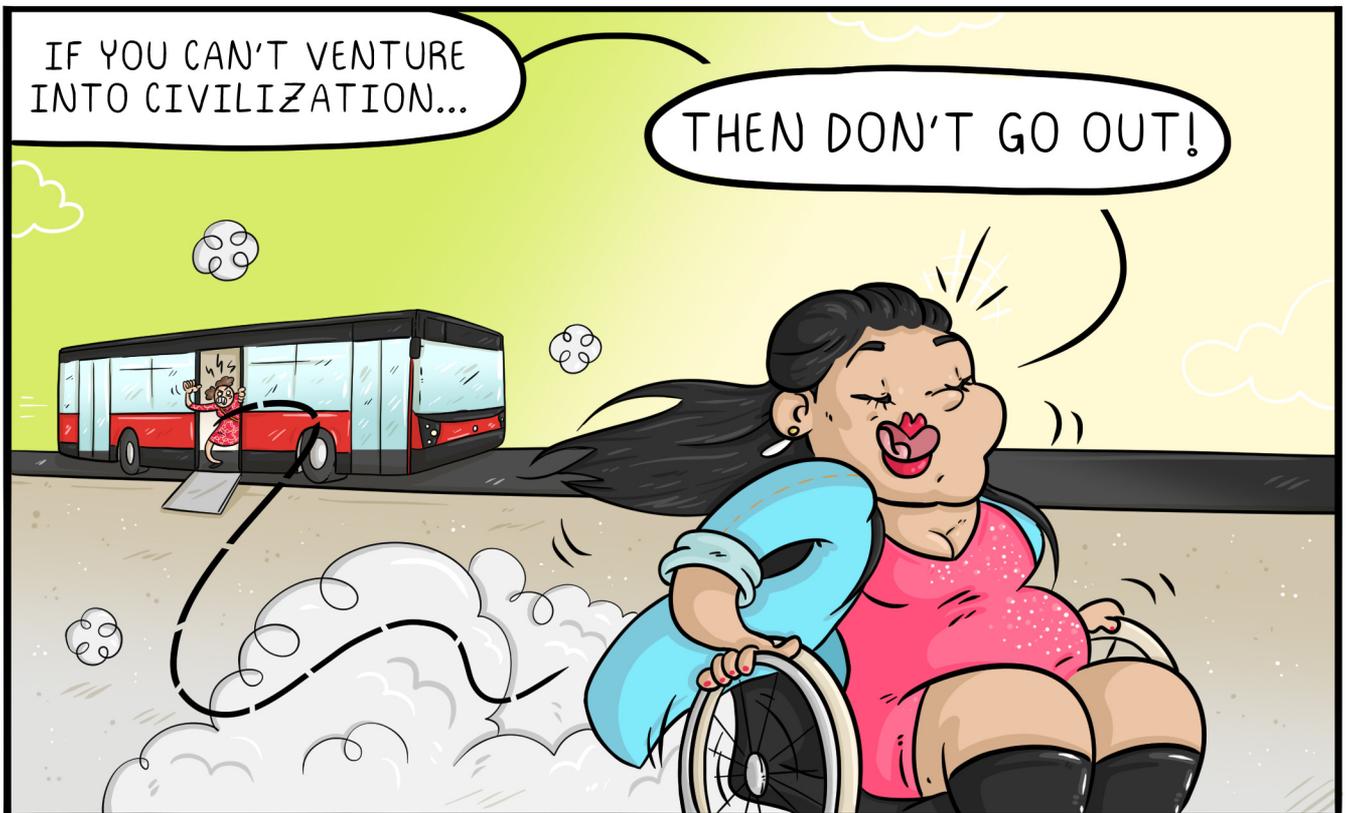
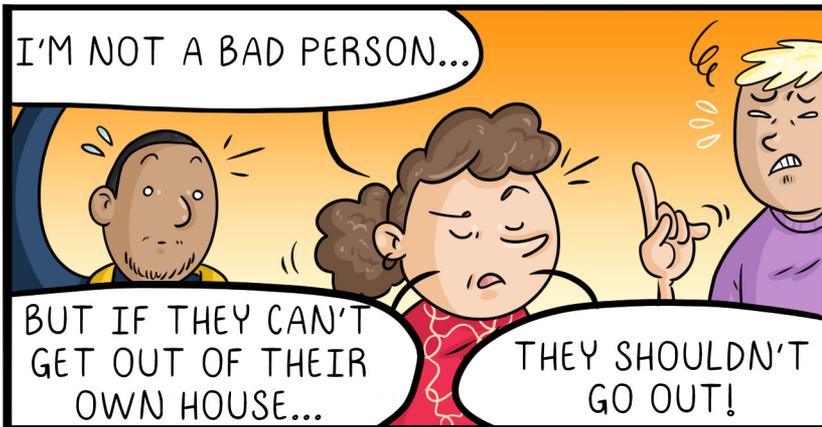
SHE'S THE BEST!













GOOD MORNING!

HI!

GOOD MORNING, SARAY!

YOUR FIRST CLIENTS ARE WAITING FOR YOU



GOOD MORNING!

I'M HERE!

SORRY FOR THE WAIT

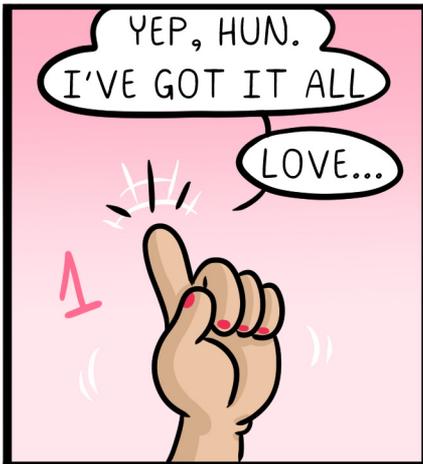


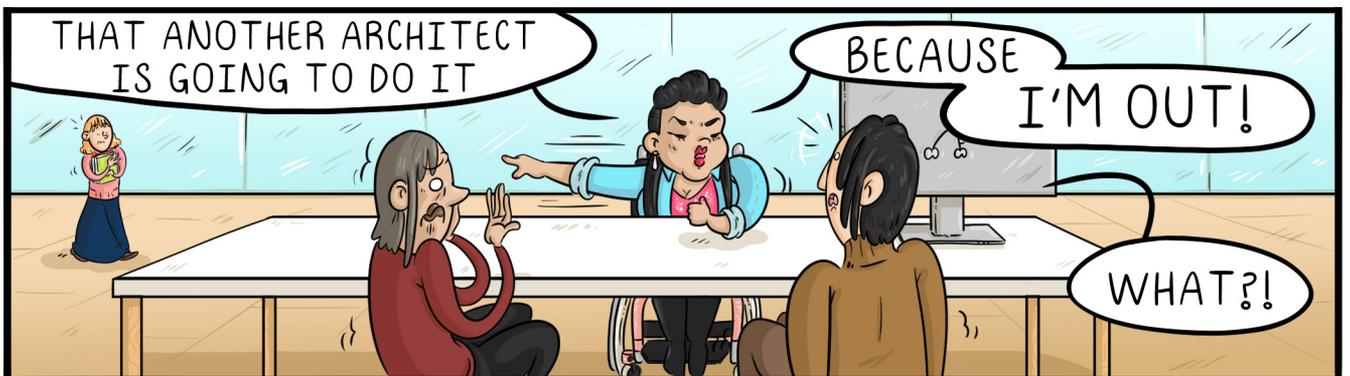
YOU HAVE NO IDEA HOW MISERABLE THE BUS RIDE HERE WAS!

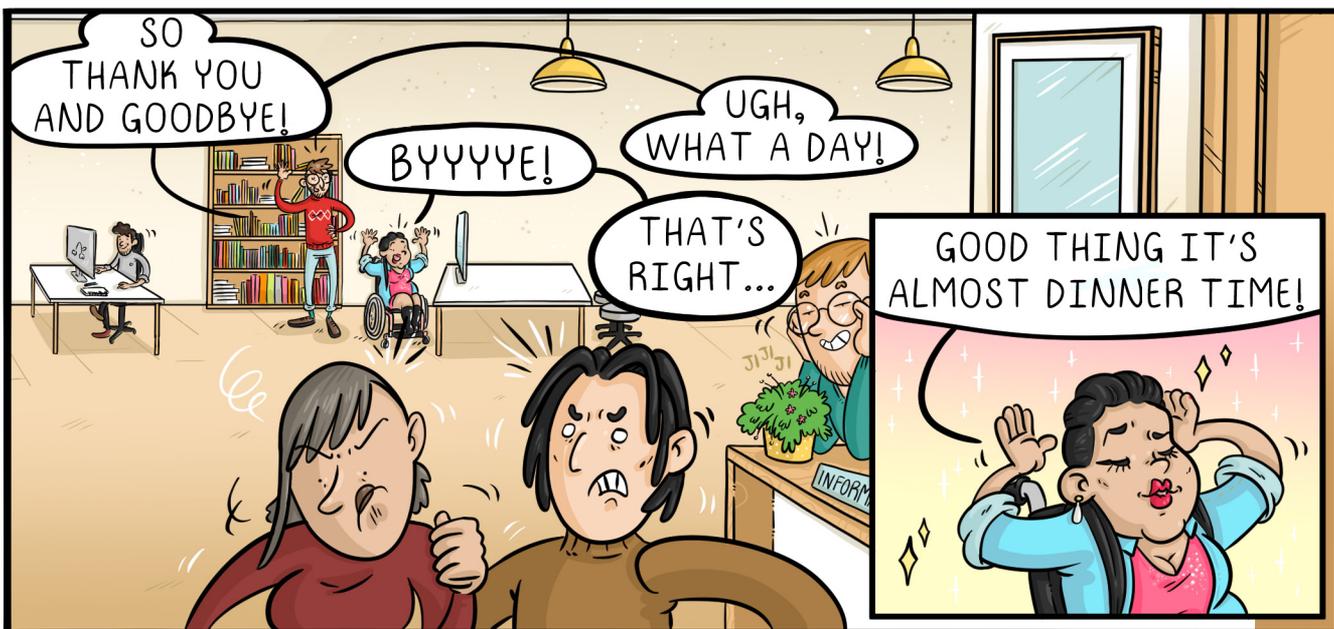
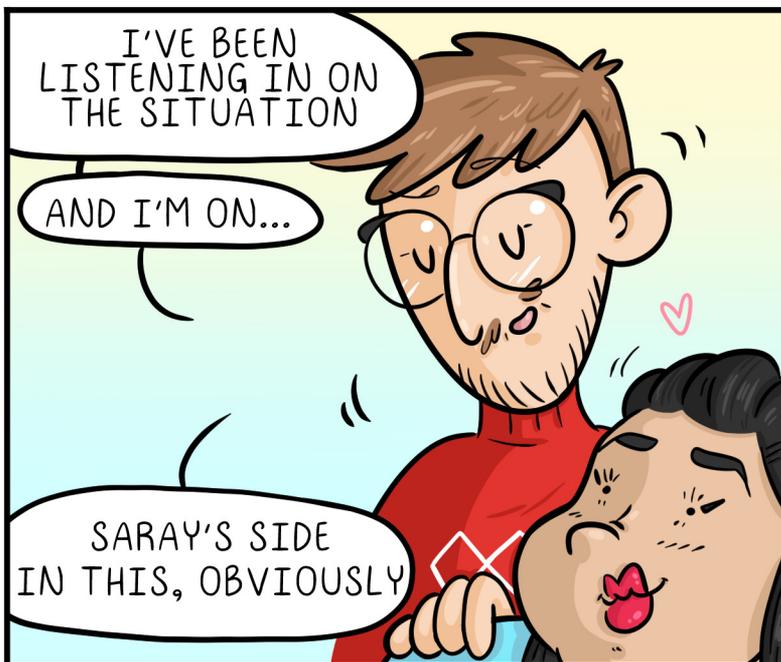


ALRIGHT, LET'S GET DOWN TO BUSINESS...

YES, UH... JUST A QUICK QUESTION...







FRIDAY, DINNER TIME

GOOD EVENING,
MISS

GOOD EVENING

DO YOU HAVE
A RESERVATION?

OF COURSE.

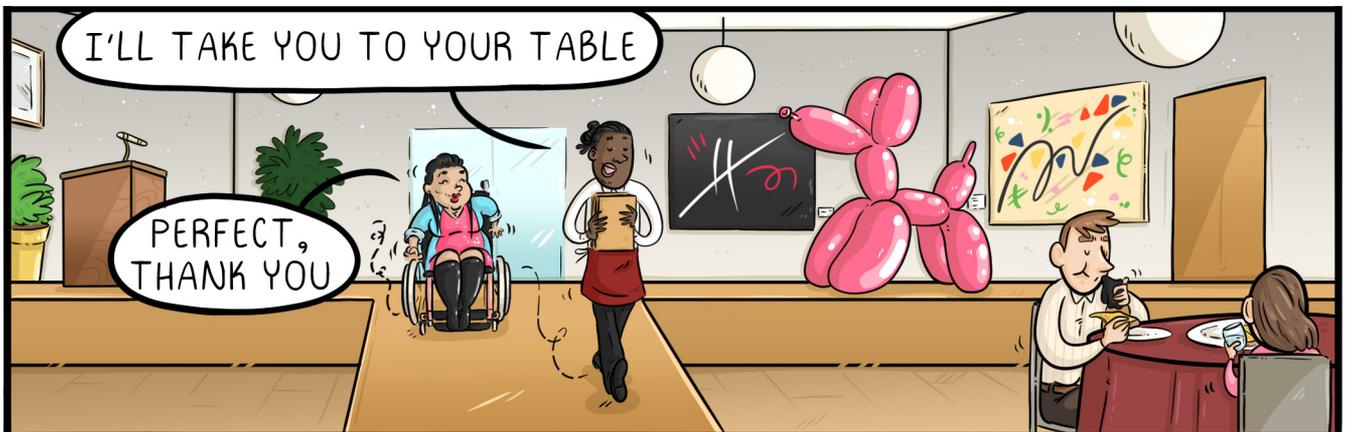
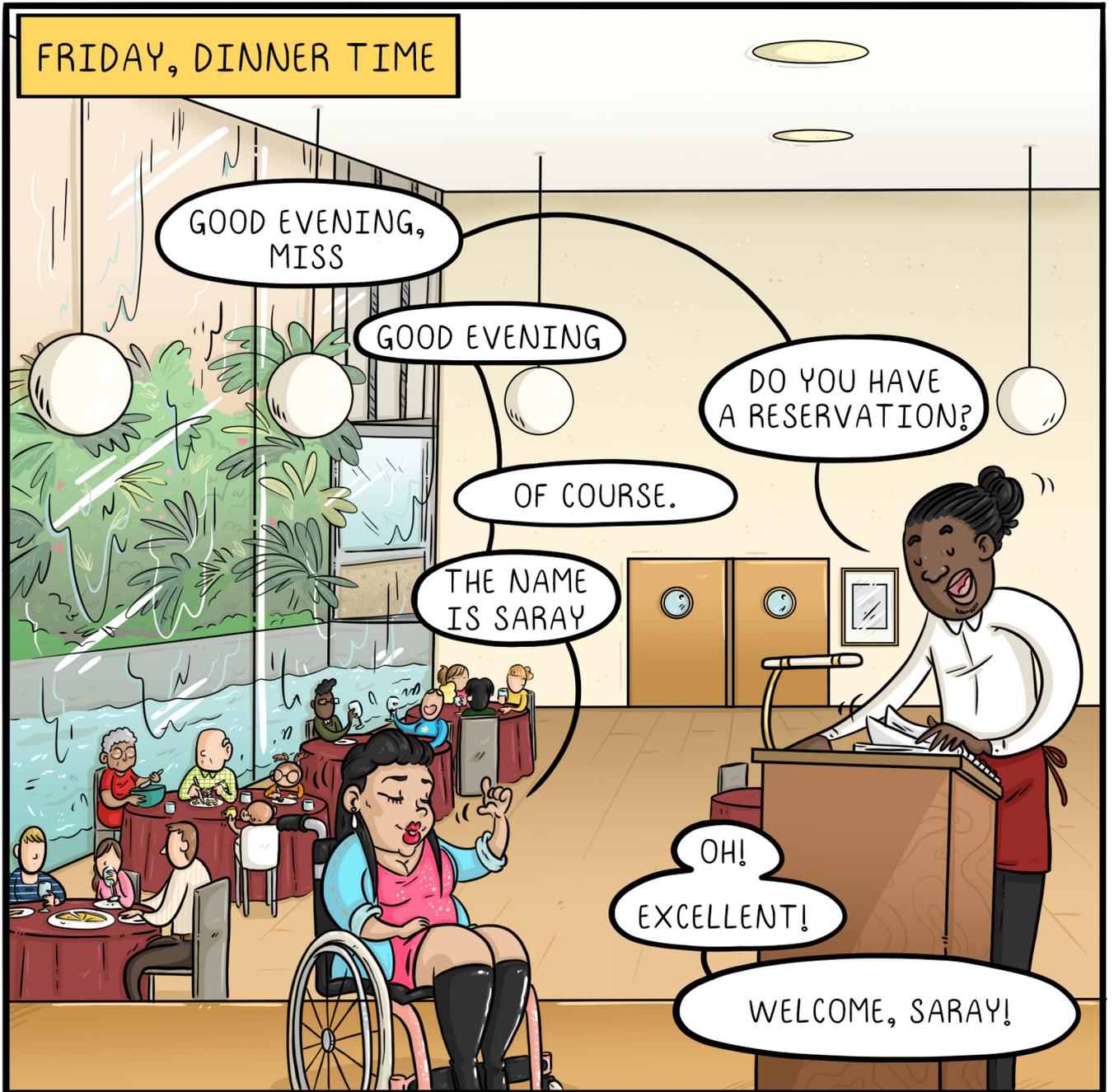
THE NAME
IS SARAY

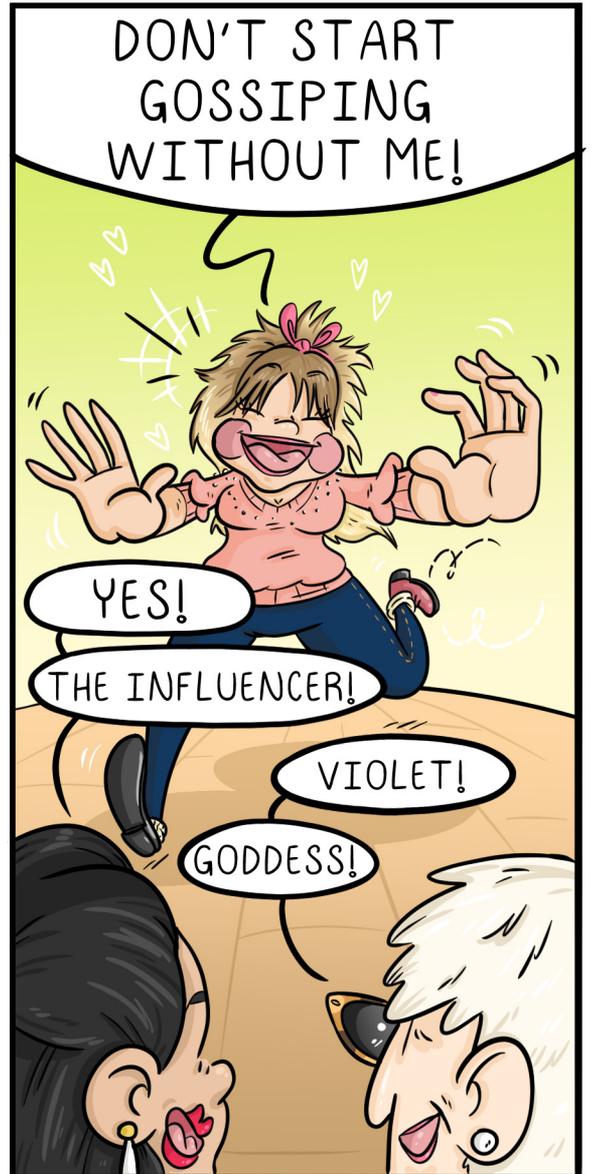
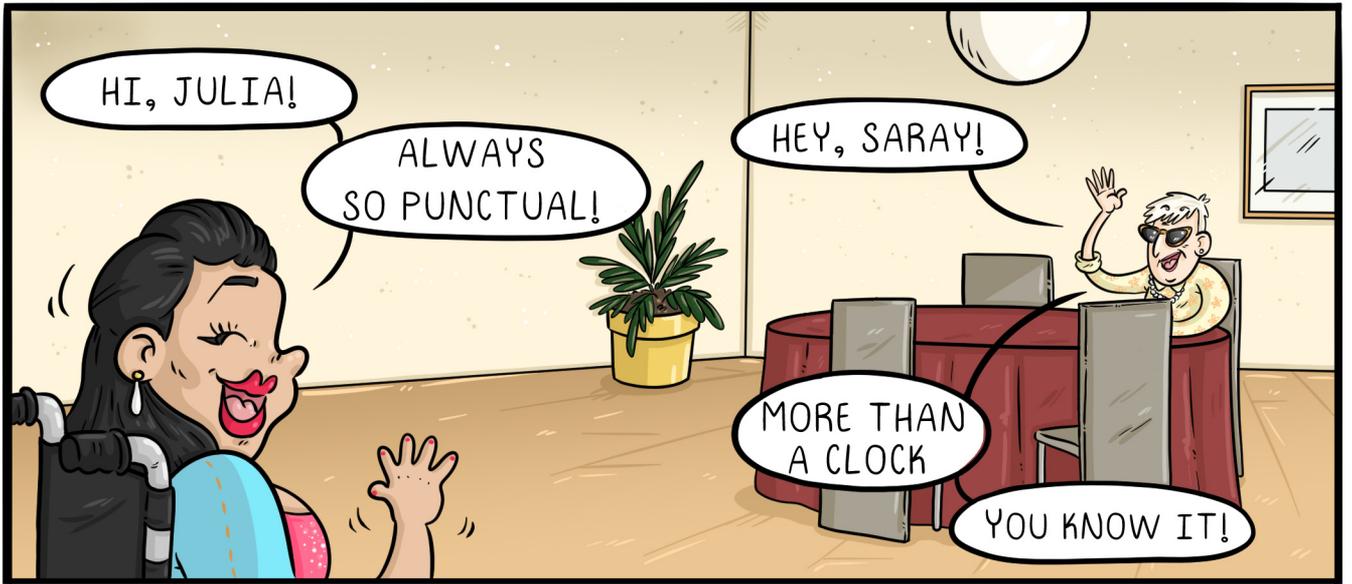
OH!
EXCELLENT!

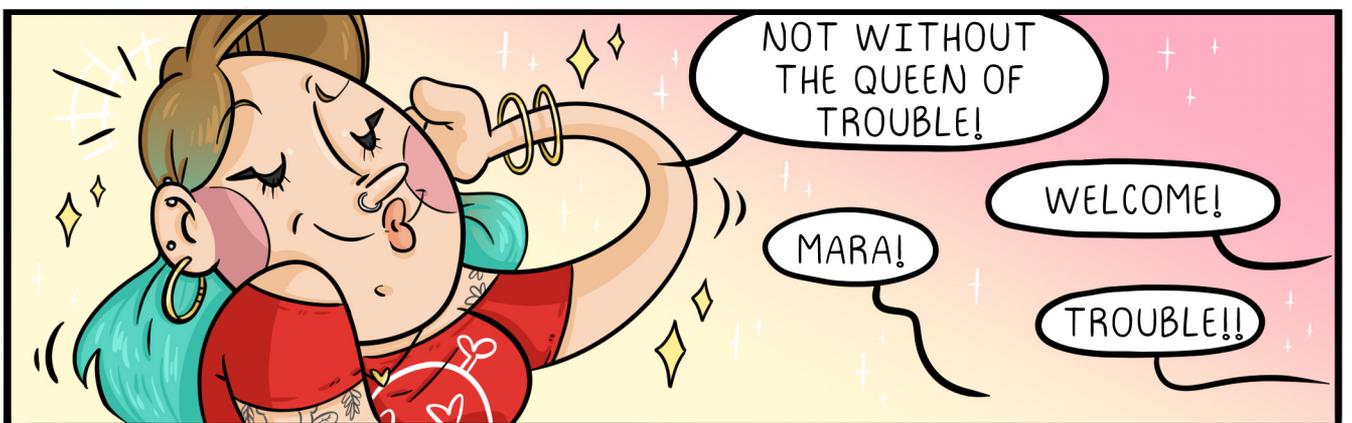
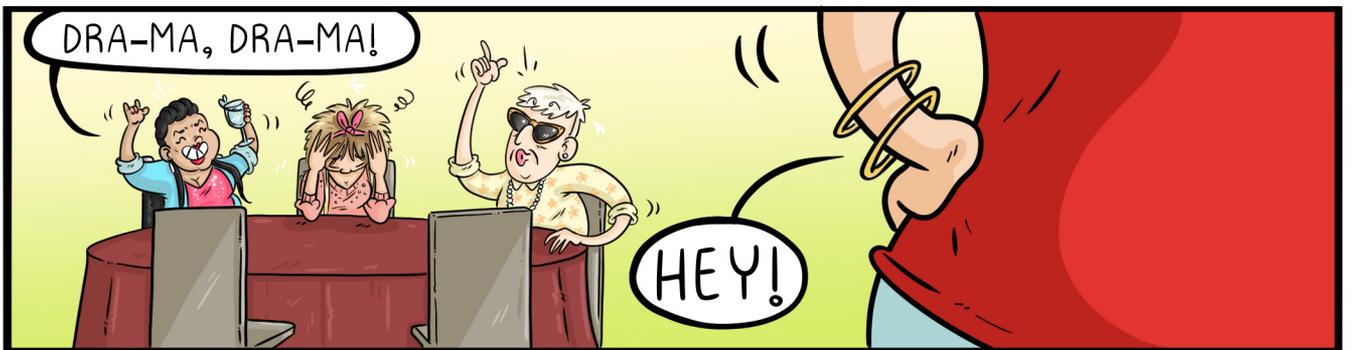
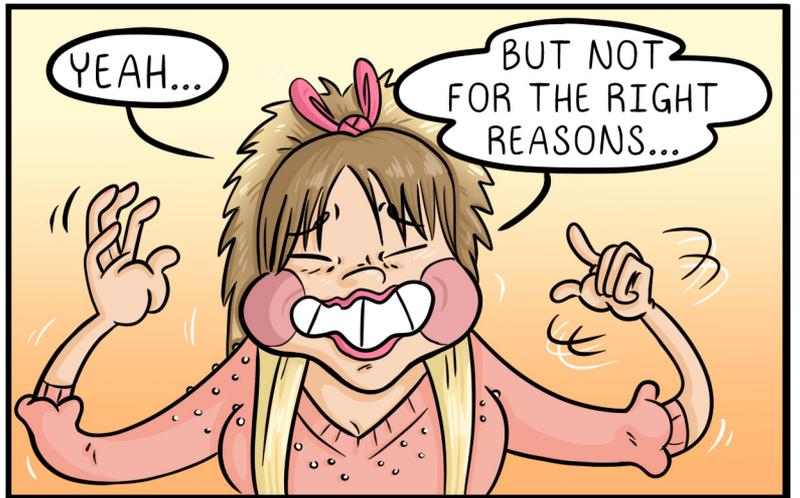
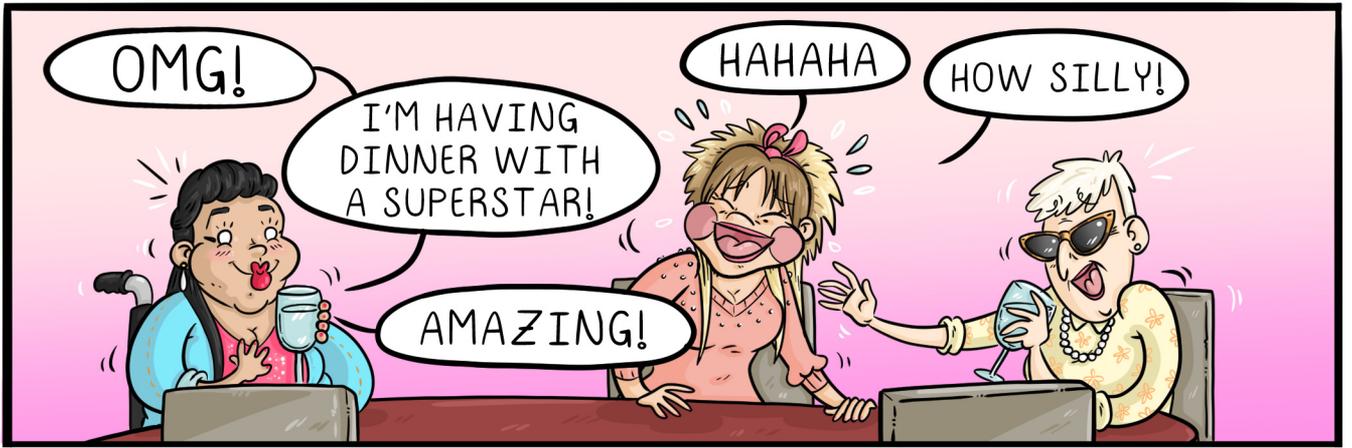
WELCOME, SARAY!

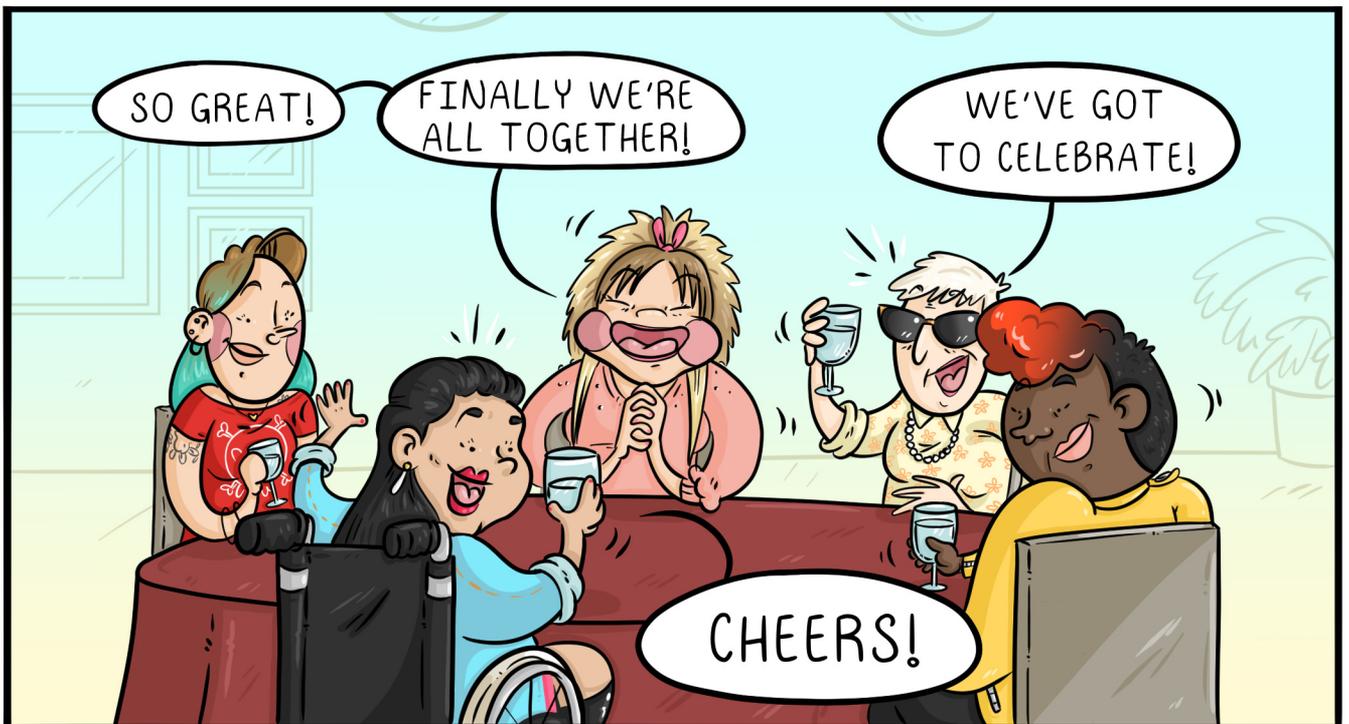
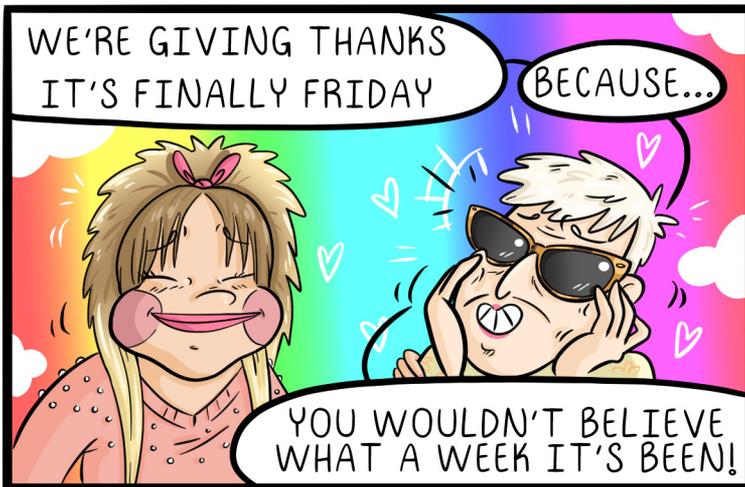
I'LL TAKE YOU TO YOUR TABLE

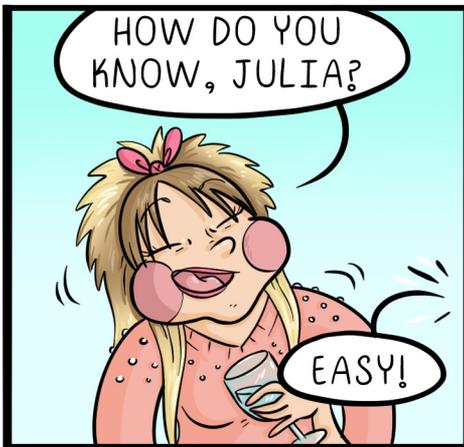
PERFECT,
THANK YOU











About the Project

This project with Amanixer fits in the much-needed space of visibility for women with disabilities. Despite the advancements occurring in terms of inclusion for people with disabilities, women with disabilities are still being made to put up with intersectional discrimination. This affects our lives and even changes our recognition as women able to make decisions for ourselves.

When we decided to take on this project, we based it on our need to finally be visible, creating a current of identification with and empathy for us. For people to say, "I look at them and I see them."

Of all the options discussed, we decided that a comic would be the best tool to achieve those goals, as today, images offer sufficient representation for people to become interested and understand the issue. If those images are also original with their own personality it makes the path that much easier.

With the comic as the means, we decided on a powerful, realistic story removed from victimhood or casting ourselves as heroines. We wanted to show women with disabilities as any other woman today. The comic also allowed us to communicate in a fun and entertaining way, making it easier for the general public to engage with a topic that they might not have paid attention to in other formats.

This comic is both a tool and a work of art in itself. In conjunction with the three traveling "Women with Disabilities" exhibitions held in the last few years with Amanixer, Zaragoza City Council, and Sara Jotabé working in collaboration, it acts as a loudspeaker amplifying our message, getting it out to corners where it would not have otherwise reached.

"A Normal Day" is another step in the stories of Emma, Violet, Mara, Julia, and Saray, and a commitment to ensuring that they reach a young audience directly in the form a fun, educational graphic novel that can be enjoyed at home as well as worked with in the classroom.

The alarm clock is ringing. It's time to get up, shower, get dressed, get ready, take public transit, or get in the car, and go to work or school, or simply enjoy the day.

Though it may seem dull, a normal day goes a long way. What do we even understand to be a normal day?

This is the story of our five friends. While they're all different with their own concerns and paths in life they all have the same desire to enjoy life! In fact...

Tonight is girls' night!

Ready to join our protagonists on this journey through "A Normal Day"?

"Raising awareness among young people about our needs and obstacles we run into as women and girls with disabilities, through a humorous comic. The younger generations need to grow up understanding the diversity in our society so that they can foster coexistence and exercise equal rights between men and women."

-Amanixer-

"Representing situations of discrimination of women with disabilities is the starting point. It helps us to be aware and compels us as a society to keep working to eliminate these inequalities."

Let's commit to and work toward building a more inclusive and diverse Zaragoza full of opportunities for everyone."

-Marian Orós. Counsellor of Social Policy.-

